

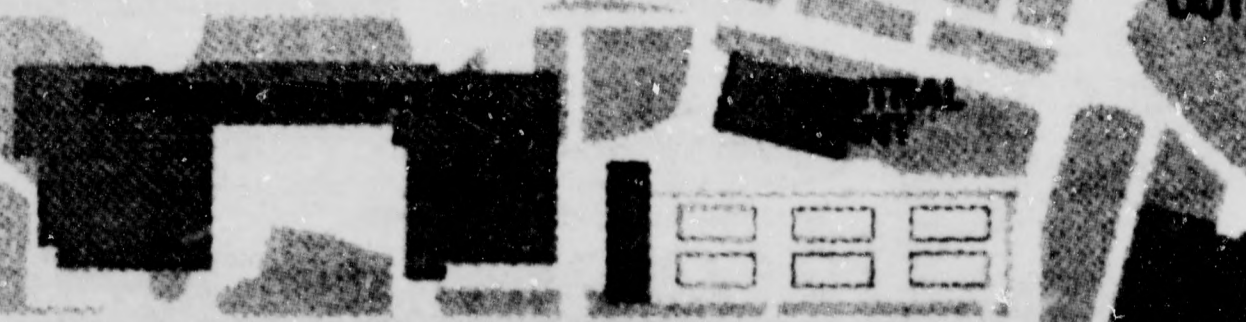
SURVIVAL

PUBLICATION OF THE STATE HORNET



FOOD SERVICE
COMPUTER STORE

**The State Hornets Guide
to getting CSIS students
through the system alive.**



**this sometimes handy,
a car or in the phone.**

SURVIVAL

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by the State Hornet

Editor in Chief
Christopher McSwain

Special Publications Editor
Michael Pipe Jr.

Survival Editor
Kent W. Leslie

Writers
Carol Dahmen
Kent W. Leslie
Christopher McSwain
Paul V. Molles
Derek J. Moore
Michael Pipe Jr.
Steve Roberson
Sally Taketa

Photographers
C. Michael Angulo
Deirdre Darnin
T.J. Salsman

Graphics
Kent W. Leslie

Artwork
Kent W. Leslie
Tom Working

Cover photo
C. Michael Angulo

Help
Jill Bruckmann
Bob Chow
Josh Lurie-Terrell
Kirsten Y. Mangold
Pam Warren

Other publications which may come in handy, many of which have been glanced at once or twice for information included in *Survival*, are:

ASI 1992 Student Handbook
CSUS Catalog, 1990-92
CSUS Class Schedule, Fall '92
The Pacific Bell Yellow Pages
The State Hornet
The University Plus Pages

And, of course, we got a ton of information from the many departments and services who answered our calls. Many thanks to all of them.

Thanks also to:

Chris, for allowing me to do this again, even though I suffered far too many sleepless nights over it;

Michael, for taking care of all the administrative work that would have resulted in my nervous breakdown before the semester even started;

The writers, who took some work off my hands, even though I still wrote most of this;

SMJID, for keeping the electricity flowing through the computer;

And Billy, my boss at my real job, for not firing me yet (Yes, this is what I was spending all that time at school working on).

—Kent W. Leslie



Yol

(by Kent W. Leslie)

The frustrating experience of living in a jungle of bureaucracy persists even at this quiet-looking campus. Throughout the Administration Building, the Student Service Building, Associated Students Inc. and the classrooms, you'll find enough red tape and obfuscation to make you want to run home, hide in the closet and never come out again.

Trying to survive in an environment that can be downright hostile alters all the illusions your parents gave you about the "enlightened" college atmosphere. So we've tried, in part, to cut through the crap and present a guide that would make the maze easier to walk through. And we call it *Survival*.

A dramatic name, to be sure, but a good description of what goes on here. We've jam-packed this publication with as much information as we could, hoping you won't have to wander around town looking for the simple answers.

Survival is about surviving college. Regardless of how Gov. Pete Wilson is destroying California's future by demolishing the school system, there are bound to be a lot of new students on campus. Many of them will be clueless their entire stay at Sac State. *Survival*, at least, will point them in a direction; not necessarily the right one, but at this point, any direction will do.

True, there have been other attempts to offer you assistance. ASI prints something called a "Student Handbook," which has the word "Building" on its cover for some obscure reason — yet another example of obfuscation. And the university produces a catalog and a class schedule.

Yet the Handbook really only gives you surface information and phone numbers, and the catalog gives you CSUS public relations fluff and course descriptions. It doesn't go into enough detail. It doesn't tell you the ins and outs or give you helpful advice. And it's written in such a dry style that you might mistake it for one of your textbooks.

Not only does it include information, but essays from students on their reflections of the campus. Not the boring essays that you were forced to write in high school, but reasonably entertaining articles that will get you through a boring calculus

I N S T R U C T I O N S

Yes, this semester's issue of *Survival* is bigger. Yes, it has more stuff; a lot more. The categories aren't listed in alphabetical order, but if they were, you wouldn't be able to read *Survival* from cover to cover. And that's how it should be.

Even if you've been at Sac State for far too long already, *Survival* should be a good read. It isn't written like your average handbook, you see. Plus, if you never really understood just what was going on, I hope we'll be able to clarify a few things for you.

If you want to find something spe-

cific, though, we have a table of contents on the next page. We would have had an index, but you wouldn't believe how long it would take to make one, and we were in a rush to complete this before the first day of classes.

One last thing: If you've saved the last issue of *Survival* (and you should have; it's still slightly up-to-date) you may want to have some fun by comparing the updated articles to the originals. Some of them haven't really been updated that much, so it's kinda fun to see how we copied ourselves word-for-word. Enjoy.



The State Hornet

And now, an introductory slew of public relations hype from Christopher McSwain, 1991-92 editor in chief of the *State Hornet*, who's taking advantage of his position as EIC to talk about how cool the *State Hornet* is. Please give him your undivided attention.

This election year all sides are rallying around the banner of change. Not to be left out, the *State Hornet* is also offering change — a change in format and a change in coverage, but not a change in direction.

We are proud of the achievements by last year's *State Hornet* staff. In 1991-92 the newspaper achieved a new level of professionalism, integrity and quality. On that foundation, the fall 1992 staff will be offering our readers more of what they need and some things that are not provided elsewhere. Here are a few of the *State Hornet's* changes:

- This issue of *Survival* is not the first published by the *State Hornet*, but it is the first time one so large and so comprehensive will be provided on the first day of classes. Read it and keep it all semester; it will be your most helpful campus resource.

- When the *State Hornet* begins publishing the newspaper next Tuesday, you will notice a new larger format. The paper will be over two and a half inches longer, which will allow us to present the news, features and sports in more interesting ways.

- A new section of the newspaper will debut next week — Political Affairs. CSUS has a special opportunity to provide news on what is going on in

class.

Upon starting this issue, I told myself that I'm not gonna put myself through the abuse I put myself through when last I produced *Survival*; when I wound up writing all the articles and designing all the pages. Unfortunately, the editor in chief had some grandiose ideas, and the end result is this humungous first-issue-of-the-year *Survival*, too big to fit in your back pocket, but with enough information to choke a P.E. coach.

My job is over. Yours has begun. If you find it lacking in some area, if you think we've made a mistake, if you think

we should have covered something, if you think we've been just as bureaucratic as some of the things we've tried to untangle, or if you just want to praise me for producing a masterpiece, go right ahead. Call us at 278-6583 or send your comments to:

Survival Feedback
The State Hornet
6000 J Street, Bldg. TKK
Sacramento, CA
95819-6102

And have an interesting semester. Not a good one ... just an interesting one.

Sacramento that affects education. We are the only university in the country that offers a government-journalism program, and we will be taking advantage of that unique program and our privileged location to provide the most thorough coverage of student-related politics possible. As new subscribers to the Associated Press, the *State Hornet* Political Affairs department will be letting you know what decisions are being made in Washington D.C. that will affect your education.

- We will also be publishing for the first time two campus magazines. The first, *University Review*, will continue to provide the CSUS community with award-winning campus-based fiction, poetry, art and photography. *UR* for its fourth year will continue to solicit student, faculty and staff submissions.

- *Current Wisdom* will be CSUS's newest monthly magazine. A publication of political and social commentary and artwork, it too will survive on submissions from all in the campus community. *CW* is open to opinions on all subjects, styles and political leanings. We may decide to call it something other than *CW*, as the first edition isn't due until Oct. 6. Do you have any ideas?

- The *State Hornet's* opinion section will expand its coverage with more guest commentaries and more columns. Columns by Michael Pipe Jr., Carol Dahmen and myself will return, and new columns by Holly Baade, Kent W. Leslie and award-winning editorial writer Jennifer Fleeger will debut. Of course, everyone's favorite award-winning comic strip, "Mr. Squish" will be back, as well as "Pork, Cheese & Remy."

- Our sports department will be bringing you more than just football and basketball stories. The section will introduce you to more of the athletes from the sports usually ignored by fans and the press. We will also be including more schedules and box scores to bring you the complete story.

Our goal this semester is to serve our readers better. If you have any questions or suggestions, feel free to join the *State Hornet* editors in the University Union Redwood Room at noon on Friday, Sep. 11. We'll be there, especially to get some idea what the CSUS community expects from its newspaper.

From President Gerth

It's an old custom to start off any serious publications with an uplifting introductory message from the CSUS President, Dr. Donald R. Gerth.

President Gerth, however, should be sick to death of writing uplifting introductory messages by now. The poor man has to write an uplifting introductory message for the catalog, the class schedule and every other fly-by-night manual that appears on this campus. And he's got to write a different uplifting introductory message for every single one of these publications. After all, he can't repeat himself, or it would look funny.

You gotta be impressed by anyone who can say the same thing about 10 different ways every semester, but by now, he



PRESIDENT GERTH

should be just sick of it. I know I would be.

So, since we figure President Gerth has about a million other things to do at the beginning of the semester without having to worry about writing yet another uplifting introductory message for another fly-by-night manual, we'll save him the trouble.

We already have several of his uplifting introductory messages from several publications. We figured we'd repeat what we did last time and some of his better phrases and string them together, thereby saving him the time and effort of coming up with a new one. After all, he's one of the coolest Presidents in the CSU system, and we don't want him to overwork himself. And we're pleased that he got a kick out of us doing it last time.

One final note: Dr. Gerth had something to add that he thought we'd like to know. Here it is:

This is a time which is very difficult for all of public higher education in California. As I write these sentences (on Sunday, Aug. 16, 1992) I do not know what the budget will be for the coming year. I do know that we are going ahead on this campus, and all other California State University campuses, with a fall semester scaled back 8 percent from last year in terms of dollars, a fall semester whose class schedule is being augmented by "Academic Recovery Fund" money allocated by the Chancellor's Office on the

assumption that the new student fee schedule will be implemented. All of the money allocated to this campus from the Academic Recovery Fund, without exception, will be used for additional classes.

This will be a year when the patience of many of us will be tried. What all of this means is that it will be more important than ever to work together to strengthen this campus for all that are here now and for the generations yet to come.

That said, sit back, relax, and listen to some assorted words of wisdom from Dr. Gerth.

Welcome to California State University, Sacramento.¹ CSUS has more than 50 academic departments offering more than 100 academic degrees.¹

There has seldom been a more exciting — or challenging — time in higher education.² I urge you to look closely and carefully at all our university can offer you.³ There's something here for every student interest.³

Neither I nor my colleagues ... are certain of the resources, the faculty positions and dollars, we will have.⁴ We will all face some challenges on the campus this year.⁶ I am extremely proud of the manner in which the University community ... has come together and addressed a very difficult situation.⁴

But universities are much more than a collection of buildings and equipment, no matter how dazzling they may be.² You will see vividly that "Sac State" is a distinctive academic community.¹

We also are committed to providing you with an education that helps you develop a better knowledge of your cultural heritage, gives you new intellectual horizons, and provides you with the tools to find your place in an increasingly diverse and complicated world.³ The faculty and staff of this university remain dedicated to your intellectual and personal growth.⁶ We think you'll find ways to enrich your spirit and your mind.³

Colleges and universities play a critical role in preparing those who will be leaders in the 21st century to be responsible, caring and wise global participants.² This university provides the forum for each of you to become a part of something much larger than yourself.⁶ The center of our commitment is to reason, knowledge, human improvement and to the dignity of the individual.²

I encourage you to take advantage of the unique opportunities for competition, recreation, challenge and adventure provided through these programs.⁵ We wish you success in achieving your goals.¹ On this campus we will maintain the

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attributes and the strengths of the University, and we will continue to maintain the highest quality of educational experience.⁴

Again, welcome to CSUS. I wish you the best possible experience.⁶

1. 1988-90 CSUS Catalog
2. 1990-92 CSUS Catalog
3. Spring 1992 Class Schedule
4. Fall 1992 Class Schedule
5. Spring/Summer 1992 ASI Campus Recreation Guide
6. Fall 1991 User's Manual



"Do I take 'The Microbiology of Potentially Pathogenic Beta-Hemolytic Streptococci.' Or 'The Evolution of the Situation Comedy.' Do I really want to live with Judy the neat freak-again. I can't believe I've got until Monday to decide if I'm a Biology or a Theatre major. Have I completely lost it? Will I ever be able to make a decision, again? Wait a minute, just yesterday, I was able to pick a phone company with absolutely no problem... Yes, there is hope."

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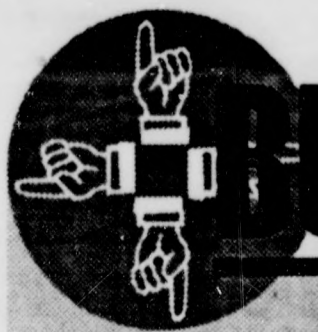
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BUREAUCRACY

For some, CSUS's administration system is going to be your first brush with bureaucracy. You may have already made a phone call to ask a simple question and have found yourself transferred from here to Hackensack, all with the gentle strains of KXPR in the background. And, sooner or later, you'll find yourself in the Admissions and Records line in the Student Service Building, waiting in line to ask yet another simple question, and after a two-hour wait find out that you were in the wrong line.

If the question is simple enough, chances are good that it's already been answered in your catalog or in *Survival*. Read on; maybe you'll learn something and you won't have to experience all the red tape.

The computer

The Registrar's Office wanted us to warn you about "the computer." It isn't any one specific computer; it's actually an entire computer network. Nevertheless, it's called "the computer" and behind its back, it's called "the Tool of Satan."

Apparently, the computer is pretty dumb. "Never overestimate what the computer is able to do on campus," the Registrar's Office warns. "The volume of processing detail is amazing, and the majority is still done manually."

The computer can't, for example:

- discover and mark repeated courses
- issue official transcripts
- keep your entire record in memory ("but," the Registrar's Office says, "we're working on it!")

• put you in or take you out of classes that you didn't bubble in on a Scan-Tron form

In general, don't count on the computer for anything right now. Some day, when the University has more money, they'll get an amazing computer system that does everything for you but wax your car. In the meantime, be patient with the Admissions and Records Office, the Registrar's Office, and any other organization that has to go through the mountains of paperwork that still exist.

What are you?

If you don't know what you are, you need more help than *Survival* can offer you. But if all you need to know is what your class level is, that's a simple problem with a simple remedy. Figure out how many units you've taken. Freshmen have

less than 30, sophomores have 30 to 55.5, juniors have 56 to 89.5, seniors have 90 or more, graduating seniors have 90 or more and have filed to graduate, and grad students should have graduated by now.

Based on your rank, you get classes through CAR in the following priority: graduating seniors, freshmen, seniors, classified grad students, juniors, sophomores, and unclassified grad students. (Grad students going for a second bachelor's degree would be considered unclassified.)

Picking a major

When you filled out your application to CSUS, hopefully you chose a major. If you didn't, it could result in the end of your family.

Let me explain. First, your parents get on your case to pick one, and you keep putting it off because you figure you have time. They get more and more nervous as every semester goes by, and they start to drop subtle hints whenever you stop by to have them do your laundry. The hints eventually become less and less subtle, and by your junior year, they start to demand you pick a major. And all the while, you're avoiding it because they're bugging you so often about it.

So, in desperation you finally pick one, then figure out it's all wrong and switch, then switch again. You wind up spending an extra five years in college just to figure out what you'll major in — God help you if you have to pick a *minor*, too. Your major-switching schizophrenia renders you ineligible for financial aid and scholarships. Your parents put a second mortgage on the house.

Then, finally, you decide to go with a field that pays minimal wages and rewards you with little respect — say, journalism.

Your parents go ballistic. This, they exclaim, is what took you five wasted years to choose? You bum. Major in business.

You argue in vain that a business major's future these days are in entry-level positions at McDonald's, but to no avail. Your parents threaten to cut off your funding. A major argument over the tuition results in you being disinherited and disowned, and a major argument over the disowning eventually lands your folks in divorce court.

True, it's a worst-case sce-

nario... but it could happen.

In order to preserve domestic tranquility, pick a major right now. Pick whatever sounds the most fun. You can take General Education (also known as GE, not to be confused with General Electric) classes and, since your parents aren't nagging you about it, carefully and thoughtfully figure out what you'd really like to major in. Then change it later.

Changing majors is a breeze. You just go to the Admissions and Records counter, get a Change of Major form, fill it out and turn it in. Then you wait a semester — sometimes two — for it to take effect, giving you

may wind up losing a class you really wanted. Didn't we already tell you that the computer is the Tool of Satan?

We don't really know why you'd want to take more than 17 units. If you take 15 units per semester, you should manage to graduate in four years. If you add an extra class to make up for one that you dropped, one more class might tax your brain slightly, but not enough to cause a nervous breakdown. Plus, you need to leave some classes for the sophomores.

Actually, the largest number of units you can actually take each semester is 21. To take any more than that, you need

LIFESAVERS

It should be noted that University Outreach Services will be setting up a "Lifesavers" station in front of the Education Building from 8:30 a.m. to 2:30 p.m. weekdays to help assist new and returning students.

Though we're trying to do the same in print, we can't give you information about *everything*, and they should be able to answer those questions that we didn't have room to cover.

Members of the administration, Student Affairs, Outreach Services and others will volunteer to sit at the table for a few hours and help answer whatever questions students have about (and they list a few things): registration, parking, housing, advising and transition problems.

If you want more info, or you want to help out, call the University Outreach Office at 278-7362.

enough time to change your mind again.

Special majors, like Business Administration, Engineering, Computer Science and Nursing, require you to pick up Change of Data forms at the departments instead of Admissions and Records. The Nursing department requires you to meet special admission criteria before you can become a Nursing major.

One way or another, though, pick a major. Then, at least, you'll have some direction to work towards... for the time being. And your home life won't disintegrate.

Maximum load

Brainiacs take heed: The maximum of units you can register for through Computer Assisted Registration is 17 units. If you register for any more than that through CAR (or for more than nine classes) the computer will take classes off your list at random, and you

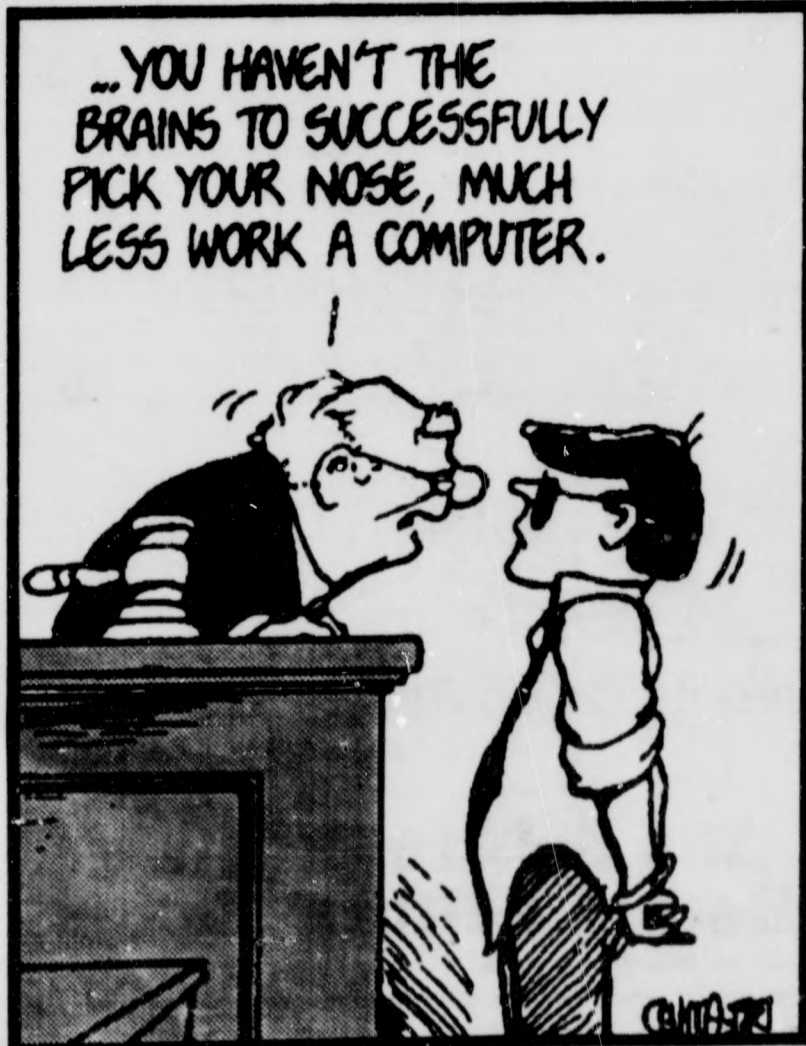
to have a lot of free time on your hands, a photographic memory, a 3.25 GPA or better, and the recommendation of your adviser. Then you need to have your department chair and dean sign a petition, and then you can take more than 21 units.

Paperwork

There are a few things that the Office of Admissions and Records need to know about you. Paranoid students should be informed that these things are for your own good; many involve getting out of here someday.

Actually, if paranoid students don't want anybody to see these particular records, they can request a Change of Data Form from Admissions and Records and circle "No" when it asks you if they can release information about you to public directories, mailing lists and the like.

About that Change of Data



Form: If anything changes about you — your name, address, phone number, social security number, gender, whatever — go to Admissions and Records and change it. Don't worry; the FBI already knows this stuff.

Now let's get into the forms.

If you miss classes. Students who cut class frequently enough can be dropped; it isn't automatic, so don't use it as a method to drop a class. If you miss class on the first day, you may be replaced by a student on the instructor's waiting list, but that doesn't mean you've been dropped either, and you could wind up with a U. So get a drop form and drop your class.

If you're graduating. If you've completed 90 units or are within two semesters of graduation, you have to file a application for graduation. It's not automatic. File with the Graduation Evaluations Office in the Student Service Center. It's too late to file to graduate this semester. The deadline for next spring or summer is Sept. 25. Grad students should make sure to have their thesis or project in by January 5 to graduate.

If you want to be a grad student. Graduating students should file applications for readmission if they want to be

graduate students.

If you have special problems. If you're a special person with a special problem or a field work class, your special date to file your special petition is Sept. 18. Failure to file may result in special penalty action.

If you're a veteran. All vets are required to submit their Veteran's Information Card each semester or they don't get their benefits. Pick them up at the Veterans' Service Center in the Student Services Center, Room 111A.

Other petitions. Pick up these other petitions at the Admissions and Records counter: Major Change, Credit by Examination, Request for CR/NC Grading, Deletion of Grade, Repeat Course Notification and Special Consideration. Other forms — Special Problems petitions and Late Add/Drop forms — are available at each department.

Retribution

Ah, remember the good old days in high school, when you routinely set off M-80s in the bathroom, sprayed graffiti on the far side of the gym, turned wild animals loose in the cafeteria and shot off bottle rockets during football games?

That was the life, eh? Get-

ting retribution at the school, your parents, and society, because they forced you to go to school. And you had some fun in the process.

But that was high school. Unless you're the odd sort who has been forced to attend CSUS due to tradition or overbearing parents, it would probably be a bad idea for you to cover campus toilet seats with Elmer's glue. You don't want to be kicked out of CSUS.

But what if you did...?

Unlike high school, you don't have to attend Sac State, so the administration won't think twice about booting you out of here. They might be merciful every once in a while, but it isn't as hard as you think to get kicked out.

For all the following no-nos, you can be either put on probation, put on suspension, or expelled. How much trouble you get into depends on you and the person who is disciplining you. (For you discipline fans: this is not the kind of discipline you want.)

Fraud. This includes cheating, plagiarism, forgery, misuse of campus documents, falsifying records, or identifying yourself as an agent of the campus — you know, telling someone you're a professor in order to get test scores.

Disruption. Blocking doors, stopping campus functions, stealing equipment, breaking and entering, using explosives or chemicals or deadly weapons.

Physical no-nos. Abusing others, hazing, threatening, indecent behavior, use or possession of drugs.

Violating orders from the campus President.

And, of course, you get in trouble if you force someone else to do something that would result in their probation, suspension or expulsion. If you want to get kicked out and take your roommate down with you, this can be a cool bonus.

But the easiest — and most fun — way of getting kicked out of school would be just to sign up for classes, flunk them all, and spend all that free time partying. And there's where we get into Probation.

Probation

Sac State isn't for everybody. True, they'll take incoming freshmen who had a C average in high school — provided they ace their SATs — and they'll accept some students that UC Davis, of all places, wouldn't, but they do have their limits.

By accepting you as a student, they took the chance that

you'd actually do a good job and get decent grades. But if you wind up with less than a 2.0, you could be in serious trouble. Then they'll put you on probation.

If you're on probation for too long, you could get your butt booted out of here. Especially what with fee hikes and budget cuts and all. CSUS will be eventually looking for ways to trim down the student population, and they may go after the students on probation first.

There's an in-depth, bureaucratic description of what it means to be on probation in your catalog. Rest assured, it isn't pretty. See your adviser about it.

Board of Trustees

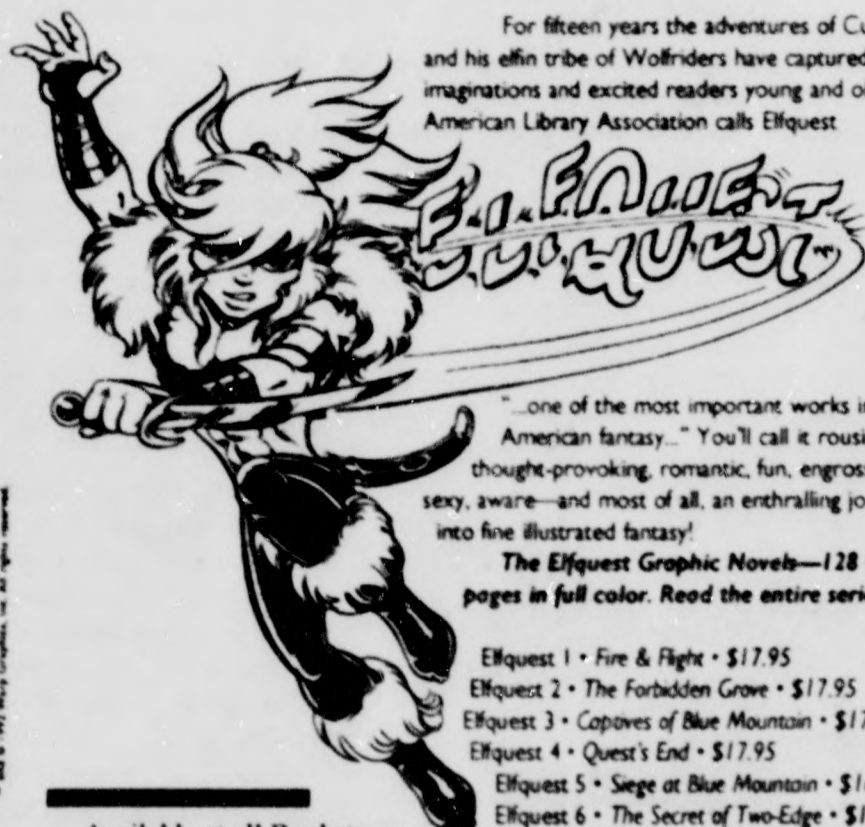
The Board of Trustees is the ultimate governing body for the university. They are appointed for eight years by the Governor, so ultimately, it's Pete Wilson and George Deukmejian's fault for everything.

But, if you want to yap at the trustees, go right ahead. Direct all complaints to:

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State Hornet Editors' Forum**



THE HALLS OF ACADEMIA

Though this segment is entitled "The Halls of Academia," Survival won't get too deeply into all the academia; that's what your catalog and schedule are for. No, we get into those few academic things that you may not necessarily know about, or at least what you should really know anyway.

Grades

Here are the grades and their values for those that forgot:

A.....4.0	C.....2.0
A-.....3.7	C-.....1.7
B+.....3.3	D+.....1.3
B.....3.0	D.....1.0
B-.....2.7	D-.....0.7
C+.....2.3	F.....0.0

There is no such thing as an F+. It's kind of like adding insult to injury: "You flunked, but you did a good job of it."

If you just want to take a course for credit, there's a pass/fail system of CR (credit) and NC (no credit) grades that aren't used to calculate your GPA. It's an option only if you're an undergrad and you're using it in courses that you'll never want to use for General Ed, your major, or your minor.

Then there's U, I, SP, W, RD and AU. Contrary to popular belief, they are not the abbreviations for elements you'd find on a Periodic Table.

U means you dropped without using a drop form; they're the same as F's.

I means you didn't finish everything in the course; if you never get around to finishing the work, you get an F.

W means you dropped late; they stay on your transcript and don't influence your GPA, but if you have too many of them on your transcript, it makes you look like a flake.

SP means your class is still in progress as of when the grades were printed. Some classes continue over two semesters, so if you're only halfway through, you get an SP.

RD means your professor hasn't turned in the grades yet.

AU means you're an Auditor. (Ooh. Aah.)

If you want to change your grade (and who won't?) you have a 90 day period where you can talk the department chair into changing it. And you can't change it to a credit/no credit; you should have expected to get a D in the first place. Why else would you change it?

If you get a U and it's your first semester here, CSUS will be nice and allow you to remove it from your transcript,

since they figure you didn't know you had to get a drop form. But after that, they expect you to have learned your lesson and your U's will stay on your transcript.

The Academic Standards Committee may allow you to remove grades provided (a) you were sick — and you have a note from the doctor, (b) your department messed up — and you have a note from the department, (c) you filled out the registration form wrong — and you have a note from the Registrar's office, and the instructor and department chair approve. You have one year to fix the problem — start cracking.

Adding classes

When you got your list of classes in the mail, did you get that certain sinking feeling?

That's right. The computer (read: Tool of Satan) probably took about a third of the classes you signed up for and lost them in some obscure computer file. Then it took another third and made up excuses for not giving them to you, leaving you with two classes and a dull throbbing at the base of your skull.

Getting only two of the six classes you signed up for does not necessarily mean that you have to keep those two classes, though. Adding classes is a tricky process, but not necessarily an impossible one.

First things first. Remember that class that you signed up for but didn't get? Go to that class on the first day of school anyway. Try to get there early enough to steal a seat away from a student that is actually signed up.

Some professors will tell everyone at the beginning of the class that the class is full, that there's no more room, and that they're not accepting any add cards at all. Period. Ignore this; it's meant to drive away the faint of heart.

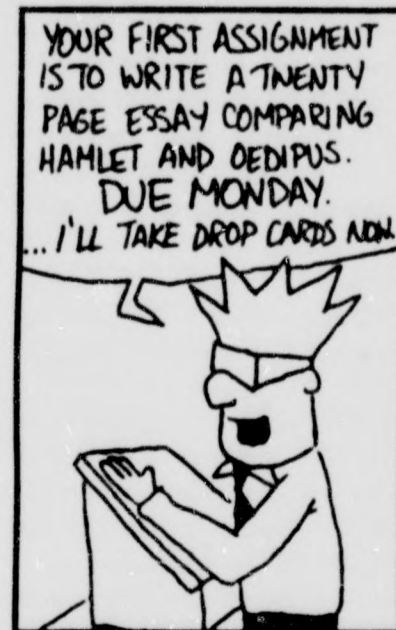
Next, they'll probably go through the roll, and then they'll ask if there's anyone that they haven't called. Of course, here's the point where you will be told — personally — that the class is full, that there's no more room, and that they're not ac-

cepting any add cards at all. Period. Ignore this; it's also meant to drive away people who can't handle personal confrontations.

Ask these professors if you can at least watch the class. If they're hesitant, tell them that you want to take this class eventually and that you at least want to see what it's all about. Or appeal to their ego and tell them that you want to watch "the best professor at Sac State doing what they do so well."

Some professors will at this point relent, which means you can hang around long enough to get in just under the add/drop deadline. After the first exam, students will drop the class at an alarming rate. When this happens, you're home free.

Other professors — the ones with the souls sucked out of them long ago after years of budget cuts and brainless students — will repeat that they're not taking any more add cards and that's it. Some will actually



through adding them, so get used to professors telling you that their classes are full, that there's no more room, and that they're not accepting any add cards at all. Period.

Academic advising

You're going to need counseling sometime. If you want to

may wind up here: an extra year, screwing up all your plans to become a millionaire by 30.

All students should contact their major department and learn the procedures involved to graduate with their major. For those who don't yet have a major or who need help with General Ed requirements, faculty and professional advisers



demand that you leave. In those cases, it's probably best that you do leave before somebody pours water on them and melts them.

Sound difficult? Get used to it. These days, with budget cuts aplenty, it's the only way to get classes anymore. Most of your classes will be acquired

graduate, you have to take your general education courses, your major courses and, if you happen to have a minor, your minor courses.

If you miss any of these courses — and it's easy to do when you're doing it on your own, what with requirements changing all the time — you

are also available at the Academic Advising Center, located in the Student Services Building, Room 105.

The Center is also handy for those students who just have a question about ... well, anything.

In an effort to provide counseling to anyone that needs it,

some departments have an adviser program whereby a professor in your major department will counsel you through the department. It's rather helpful and takes some of the pressure off Academic Advising.

For questions about advising, call your major department or the Center at 278-6351.

Study abroad

If you want to get out of the country for a while — you want to travel and learn about another nation, or you have too many DUI convictions — the Office of International Programs, located in the Student Service Building, Room 116, gives you the opportunity to spend a year overseas, studying there while enrolled here.

It's expensive; tuition costs exactly the same, but you also have to pay for transportation to the country of your choice, room and board, living expenses, transportation while in that country (and gasoline prices in Europe are disgusting) and all the other little fees and costs that crop up unexpectedly. It's also very hard to get any financial aid to cover

your costs; you can't very well pass off a three-month trip to Japan as a legitimate expense. (Strangely enough, politicians can.)

The idea behind studying abroad is "to enable selected students to gain a firsthand understanding of other areas of the world and to advance their knowledge and skills within specific academic disciplines in pursuit of established degree objectives."

There are a few requirements; you have to be at least a junior, a 2.75 GPA or above, sufficient language skills (depending on the country, though almost every nation requires English in their schools) and any other studies necessary for the trip. Selection is competitive and final selection is made by the Office of International Programs and a statewide selection committee. You have to give the appearance of actually going abroad to study. Basically, they don't want anyone that would perpetuate the Ugly American stereotype.

There are 34 universities in 16 countries cooperating with International Programs; chances are, you'll find a coun-

try you can deal with. Then you can come back and impress your friends with tales of debauchery "on the Continent."

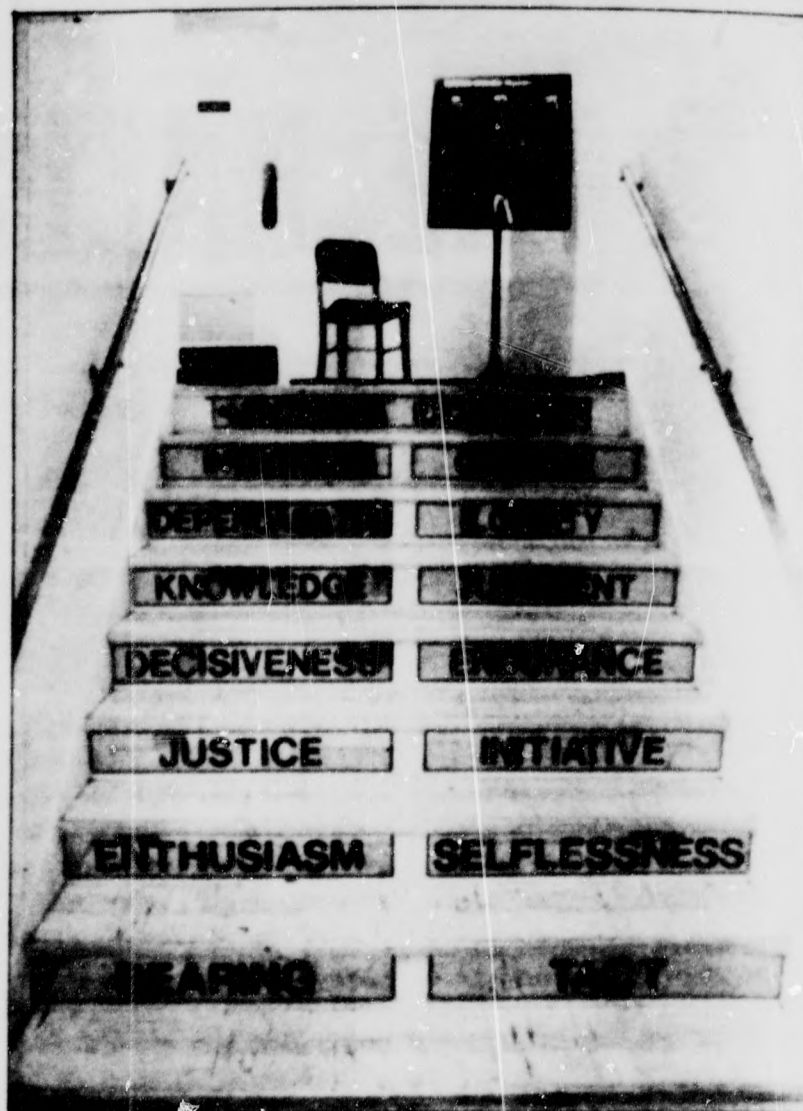
Further information is available at the Office, or call 278-6686.

ROTC

The ROTC (pronounced R-O-T-C, not *rot-se*) on campus — in particular the Air Force ROTC, mainly because they gave us information and the Army ROTC didn't — "is a career development program that teaches you leadership and develops your managerial skills while preparing you to be a commissioned officer."

In English? Sure. They teach you how to be an officer in the Army or the Air Force. See, normal enlisted grunts consist of five groups:

1. Bright, intelligent people who wanted to get in on that G.I. Bill thing and earn money for college, or
2. Your football-playing buddies from high school who figured they were too stupid to pass an SAT, whatever *that* was, or
3. People who decided to



give the military a try after having failed every other job they had, or

4. People who were drafted into the Vietnam War (yes, there are some of them left), or

5. Any of the above groups who discovered that they liked the military and decided to stick around.

Of course, as enlisted personnel, you can only rise so high before your lack of an education gets in the way. That's where ROTC comes in.

ROTC — specifically, the Air Force version — teaches you about military life and military structure, and has a leadership lab that prepares you to become a military officer. They also take you to real military bases and show you what an airplane looks like, among other things.

There are one, two and four year programs for students who apply early. For info, contact the Air Force ROTC at 278-7315 or the Army ROTC at 278-7682.

The Golden 1 Student Pack Will Help You Get a 4.00 GPA.

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The Golden 1 Student Pack of financial services may not improve your grades, but it will help you to manage your monthly finances and establish credit for your future.

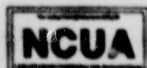
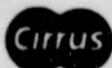
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CAMPUS SERVICES

As a student, you're entitled to a few things, mostly because you paid \$56 for them in your Instructionally Related Activity Fee, your University Activity Fee, your University Union Fee, and your Facilities Fee. Here are a few of them; enjoy.



Student ID

As a student, you should get yourself a Campus Services Card — the long name for student ID.

You can get by without one, but that would mean that all you do is drive to school, take your classes, and go home without ever checking books out of the library.

You may want to use some of the campus facilities someday, and it only costs \$6 for the card, plus you need someplace to put your validation sticker (the little pink thing you got with your receipt when you paid for classes).

So go to the Library (that's where they keep 'em) and stop by the Circulation Desk. Go in the morning; that's when they make cards.

What you get on your card is a picture of you that looks like your driver's license photo, a CSU seal, your name, social security number, and a zebra-stripe sticker on the back that the Library uses to let you check out books.

Now that you have one, you can show it to friends and family and say, "See? Now I'm a real Sac State student."

Affirmative Action

If you think that you've experienced discrimination regarding anything — race, ethnicity, religion, national origin, gender, sexual orientation, marital status, pregnancy, age, disability, veteran status (like

we said, *anything*) — you should contact the Affirmative Action Office as soon as possible.

Complaints may be formal (in writing) or informal (any other means of communicating). Formal complaints should include specifics, like where or when and what would need to be done about it.

Questions or complaints should be directed to the office, located in Administration Bldg. Room 259. Or call 278-6907.

Campus Police

The campus police, unlike most of the university, work 24 hours a day, 365 days a year. The Department of Public Safety is responsible for all of the emergencies and reports of criminal activity on this campus. They are not campus security; they are duly sworn officers of the law.

Public Safety is located in the Public Service Building, off of Jed Smith Drive. On the first floor of the Public Safety Building, the police have a variety of pamphlets dealing with crime prevention (specifically, on personal safety, auto theft, bicycle safety, resources against rape, protecting valuable property, operation identification and emergencies on campus). If you would like more information on these subjects the police have, available upon request, a training officer can make a presentation on crime prevention. Also available is the Emergency Response Manual that covers incidents of fire, earthquakes, serious injury, bomb threat, hazardous material leaks and crimes in progress.

There is also a full-time employee that can discuss personal safety for women through the Rape Prevention Education program (ext. 4444). The Rape Prevention Education program has a brochure on rape prevention and acquaintance rape.

As the primary law enforcement agency of the university, the police are obligated to follow the university's alcohol policy. It allows the drinking of alcoholic beverages, if you are of legal age, in designated areas such as the Pub and the Coffee House, and for approved events.

According to John Hamrick, investigator for Public Safety, "The unlawful manufacture, distribution, dispensation, possession or use of a controlled substance on the campus is absolutely prohibited and subject to vigorous enforcement."

Information, assessment and referral services for alcohol or drug-related problems are available through the Student Counseling Center for those who believe they have a drug or alcohol problem.

Although the police assure us that the campus is safe, here are a few helpful hints that will reduce the possibility of you becoming the victim of a crime: always secure your belongings, car doors, bicycles, etc., walk in well-lit areas at night, never leave your things unattended, and most of all, use your common sense.

If you are in need of emergency assistance from the police, dial 278-6900, and for non-emergency assistance, dial 278-6581. —Sally Taketa

Children's Center

The Children's Center, located on Jed Smith Drive between the temporary buildings and the Nursing Building, is available to provide care for children between 6 months and kindergarten age. Extended care is available for children 5 to 8 years of age from 12 p.m. to closing.

Specifically, the Children's Center provides care to the children of students, faculty and staff, with students having priority. By now, though, semester-long child care should be full. Drop-in child care is available on a limited basis.

Cost is based on hourly and monthly rates, according to how old the child is. If you can't afford it, you may be eligible for financial assistance.

The kiddies, of course, will experience music, art, science, language, use of imagination, and work on motor skills. The teachers are state certified and CPR trained.

The Center operates year-round from 7 a.m. to 8:30 p.m. Monday through Thursday; on Friday it closes early at 5:30 p.m.

Monday through Thursday; on Friday it closes early at 5:30 p.m.

Disabled students

If you're disabled, the Office of Services to Students With Disabilities provides several different programs, services, activities and facilities for those students with the following disabling impairments: visual, communication, hearing, mobility, learning, functional limitations.

It's really not too late.

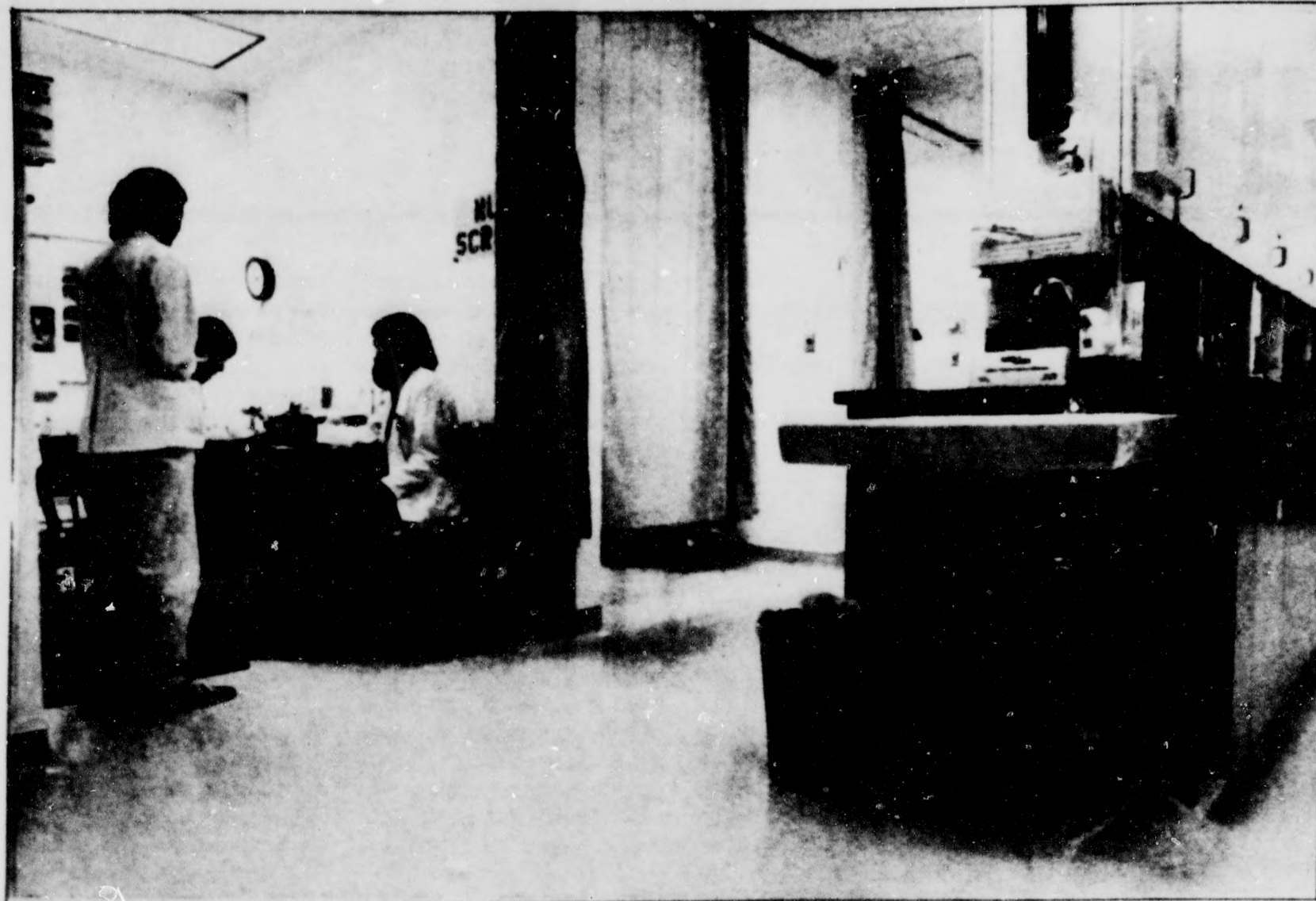
The State Hornet is still accepting applications for this semester's staff, including:

Advertising representatives (earn commission and units!)
Staff writers
Staff photographers
Copy editors
Production assistants
Graphic designers

All staff members earn units.

Stop by temporary building KK and pick up an application.

Or call 278-6583.



tations or temporary disabilities.

Disabled students also receive special assistance in admissions, academic advising, management counseling, reading, note taking, interpreting, tutoring, testing accommodation, advocacy and referrals. Other perks include priority registration, priority add/drop, cool "medical" parking spots that are much closer to campus than the others, retention services for those who have academic difficulties in order to ensure graduation, a computer access center, a learning disability program, adaptive equipment and a golf cart shuttle.

Interesting note: Those yellow lines all over campus are for visually-impaired students using canes. It seems they don't get lost on those huge expanses of concrete with the guides to tap their canes against.

For more info, call 278-6955. TDD users call 278-7239. (If you don't know what a TDD is, perhaps you shouldn't call that number.)

Evening students

If you only take classes in the evening, that's cool. True, you tend to miss out on most of the events that happen in the daytime, but you can live without them. Actually, you're a bit better off than the day students. The lines are shorter, the service is less hassled, the food service food has been festering under heat lamps longer...

Plus, in the Student Service Building, you get your own service office. Open Monday through Thursday until 7 p.m., Evening Services provides academic advising, advice about

your general education pattern and other info for evening students.

Call 278-7840 for more information.

Health Center

Students needing medical care for minor illnesses and injuries no longer have to panic over health insurance or hospital bills. Part of your fees go to the Suzanne A. Snively Student Health Center, located in the parking lot across from the Administration Building.

By paying those fees, you are covered to receive this top-rate health care at cut-rate cost. And during registration, you had the option to buy augmented coverage that delivers most health center services for free.

The augmented care plan is for injury- or illness-prone students. You probably didn't sign up for it during registration, so use the regular coverage this semester, and if you find yourself using the Health Center more than you'd like, remember to pay for the augmented health plan next semester.

The best feature about the Health Center is that you can get aspirin, cough medicine, bandages, nasal spray, vitamins, Kleenex, hand lotion, Pepto-Bismol (or Imodium AD, if you prefer) and other over-the-counter stuff cheaper than at any drugstore. You can also buy condoms and contraceptive foams, jellies and sponges at low prices. In order to get birth control pills and diaphragms, you will need to make a \$20 family planning appointment. Pregnancy counseling is free. They can also tell you where to get a free HIV test. All

of these purchases and appointments are confidential.

You can also get the shots that CSUS requires free at the Health Center. CSUS, like every other school, requires measles and rubella immunization.

And, of course, if you somehow manage to cut your hand off in the Library or some other kind of emergency, it will be taken care of for free.

If you feel like your glasses aren't quite doing the same job they used to, you can get an eye exam and prescription for less than \$25. The Health Center does not dispense glasses or contact lenses.

And for any health-related service not provided, like dentistry and gynecology, they will be happy to refer you to an inexpensive off-campus doctor or clinic.

The Health Center is closed nights and weekends due to budget cuts. Contact them at 278-6461. —Michael Pipe Jr.

Multi-Cultural Center

The Multi-Cultural Center, located on the first floor of the Library Building next to the Reserve Book Room exists to promote cultural awareness at CSUS.

According to one of its members, the Multi-Cultural Center provides "an opportunity to seek support from their peers, explore their cultural background, confront issues of common concern (i.e. racism, sexism, prejudices and identity crises) and celebrate diversity."

The Center regularly produces successful programs, events and meetings. For ex-

ample, last semester the Center led in providing students to get information and express their emotions after the verdict in the Rodney King beating trial. But its involvement goes beyond sudden, unexpected services like the forums. Its schedule is full of events throughout the year.

For information on the Multi-Cultural Center or the many groups associated with it, call 278-6101.

Recycling Center

You realize, of course, that the Earth is going to pot and you're not helping any when you toss this copy of *Survival* in the wastebasket. Recycle it!

Didn't you notice the thousands of little ads demanding, "Recycle!" that we ran in the *State Hornet* last year? We meant it, you know. In fact, our former editor in chief may be stopping by your house any day now to make sure you separate your trash.

The community is trying to get more people to recycle anyway. There's curbside pickup for recyclable glass, plastic and paper, for one thing. And there's the Recycling Center on campus. They'll pay you for your plastic bottles and beer cans, and they'll also accept your glass, newspaper, aluminum, plastic, tin... and they're open daily from 10 a.m. to 3 p.m. for buy-back and from 10 a.m. to 6 p.m. for donations.

The Recycling Center also has a Resource Center with an information library, an environmental gift shop and an internship program in environmental studies, business, biology or botany. They also run the Community Gardens, which teach

students to grow vegetables and flowers.

Call them at 278-7301 for info.

Veteran's Affairs

When we say "Veterans," we don't mean grad students or seventh-year sophomores. We mean war veterans. And now there are a lot more of them, thanks to us having had another war recently.

If you were involved in the Persian Gulf War, you may not have realized that you're in for some educational benefits. Lucky you.

Veterans, their dependents and survivors with Veterans Affairs educational payments can be assisted through the VA Office in the Student Service Building, Room 111A. The VA office also administers the Cal State Dependent's Fee Waiver program.

Services include certification of student enrollment, educational benefits assistance, outreach and tutorial assistance. Work study opportunities are also available.

The VA office publishes a newsletter that provides information on new or pending legislation, VA policies and other related information which concern student vets. For more info, call 278-6733.

Women's Center

The CSUS Women's Center is geared to all students, regardless of sex, age, color, economic or marital status, sexual orientation, educational level or disabilities, and helps students to understand and confront sexism through education and social action.

Anonymous counseling for rape victims, advice for women in transition or in crisis and assisting students who wish to make sexual harassment complaints are just some of the services the program offers.

In addition to the university, the center maintains ties with other community groups involving women, and it maintains an extensive file for those interested in feminist professionals such as doctors, lawyers, therapists, rape awareness, counseling, substance abuse programs and self defense. The center also offers:

- a lending library that deals with women's issues;
- staff that works closely with the Women's Studies Student Association and the Women's Studies department;
- sponsorship of monthly campus events;
- coordination of Women's History Month; and
- internships

The Center is located in the Student Services Center, Room 300. For info, call 278-7388. —Steve Roberson



STUDENT GOVERNMENT

ASI. When you see that acronym around campus, it isn't necessarily the Spanish word for "so," but instead, those three odd letters that stand for your student government.

For most students, that's the closest they'll ever get to their student government. Nevertheless, ASI stands for the Associated Students Incorporated. It was really much simpler when the Associated Students weren't incorporated, so that people wouldn't wonder what that "I" stood for. Well, that's another story.

Some will argue that the present form of student government is unnecessary, obsolete, useless, or at best ineffectively run by students whose main objective is not to further the objectives of the Sac State student population, but to pad their resumes.

ASI's Board of Directors certainly did not represent the students last semester, when they refused to pass a "no confidence" resolution on CSU Chancellor Barry Munitz, which was later taken to the polls and passed by about 55 percent.

Actually, ASI is more like your former high school student government. Remember how you'd vote your best friends into office, and they'd all get together and decide on where to put a soda machine? ASI is a lot like that, except that they handle a \$3 million budget and deal with bigger decisions than where to put a candy machine. It's a lot more responsibility, yet the Board of Directors still get their jobs the same way as they did in high school: as the victors in a large-scale popularity contest where only a small percentage of the campus votes.

The 10 percent turnout at the last ASI election was "one of the highest voter turnouts in recent years," which tells you something about apathy at this campus.

Oh, well. You can discuss the merits and drawbacks of ASI in your government classes. By now, you probably want to know about your student government.

Associated Students Inc.

ASI calls itself a "growing and exciting organization that exists to provide services to students." Incorporated in 1956, it was created to make your stay at CSUS a pleasant one.

Students actually seem to care about what ASI does around here, and they should. Hell, you shell out over \$30 a semester to keep ASI running.

ASI is kind of a cross between a student government and a corporation. The corporation part is set up to continue with little assistance from the student government part, with a few student controls thrown in, like budget adjustments. It runs pretty efficiently for a bureaucracy.

We vote for a new President and Board of Directors every year, and hope and pray that

they live up to our expectations. Unfortunately, we expect a Board that truly represents the students, and there has consistently been a serious lack of communication between the two. But each administration changes with the directors, and our new president, Tina Young, hopes to reinstitute an annual assessment of what the students really want and need. Such an assessment hasn't been made for years and will be quite welcome.

In addition to ASI's 12 elected directors, there are over 30 committees that wanna-be bureaucrats can get involved in. It's a good way to get your foot in the door if you're too weird to be electable.

The corporation part of ASI exists to operate their \$3 million-plus budget, which is in turn given to campus organizations, clubs, and ASI's many services — Student Legal Aid, the Multi-

Cultural Center, the Aquatic Center, Student Health Insurance, and others.

Now, let's get some quotes from the catalog about how ASI services the community:

"... through the operation and sponsorship of programs and services established to meet the varied needs of students ... through expression of on-campus and off-campus interests, and expression of student political opinion ... by providing an opportunity for students to develop leadership and career skills ... by supporting the strengthening of cultural, social, academic and recreation opportunities on campus ..."

You get the idea.

Campaign promises

As voters, we should hold our elected representatives responsible for their actions. Unfortunately, most elected representatives throw their campaign promises out the window as soon as the votes come in, and only vaguely recall them when it comes time for their reelection.

Voters seem to have short memories — the national incumbency rate being what it is — so we've included a list of ASI's elected officials and what they promised.

Or, more actually, said. See, they didn't actually phrase anything in a promise because they knew that they'd be reminded that they said the words, "I promise." So they gave the voters some vague ideas as to what they might actually do and let us conclude from that who to vote for.

Since these implied promises resulted in the Board of Directors getting elected, we should at least hold them to what they implied they'd do. In this era of political doubletalk, it's the closest thing to a promise, and it's what we wanted out of them. Otherwise, we wouldn't have voted for them.

All quotes have been gleaned from the *State Hornet's* April 1992 election guide. The words were written directly by the candidates — or, at least, their campaign managers — so they can't complain about being misquoted.

Any board members not listed were not involved in last semester's election; they were appointed to fill vacancies, so you'll just have to hope they'll represent students with as much fervor as they would had they been elected. No, change that to more fervor.

CAMPAIGN PROMISES

Tina Young, President

"Students of CSUS, the time has come to let your voice be heard."

"My primary goal for ASI is for every student to be informed about ASI."

Stephanie Burri, Executive VP

"ASI can be the place where students can have their real needs addressed."

"ASI can become an effective and responsive organization."

David Fitzhugh, VP for Finance

"ASI is much less bureaucratic than the university and can address student needs much quicker and efficiently."

"My involvement ... has given me an open perspective on student activism and a firm belief in fiscal responsibility. These qualities I have demonstrated ... and I believe that I can continue that course."

John Murray, Arts & Sciences Director

"There are fundamental problems with the way ASI has been run ... ASI has hidden itself away from the students ... ASI has failed to stand up to the university administration ... programs and services have suffered so that oligarchic interests may be served."

"Shouldn't [ASI] make itself accessible to the very people who run it? Shouldn't it also stand up to the university ... and fight for the students' interests as a whole?"

Karen Pearson, Arts & Sciences Director

"The self-supporting students ... will be most affected by higher fees and fewer services. Self-supporting students represent a majority on this campus. We can no longer afford to be underrepresented."

Jun Kim, Business Director

"If elected, not only will I do my best to ensure that the voices of the students are heard, I'll also promote multiculturalism on campus and foster a pro-active student government for all students."

Christine Cornish, Education Director

"My current position ... has enabled me to identify student needs and develop strategies to help with these problems. As a member of the board, I would be able to continue ... on a larger scale."

"It is my hope to encourage the School of Education to be a positive influence on campus issues."

Marie Armijo, Engineering Director

"I hope to support and promote activities of engineering and computer science organizations and be a student advocate for your needs."

"By increasing communication between ASI and clubs ... through reinstituting the Engineering Student Joint Council ... By establishing well publicized office hours ... I will utilize my knowledge of the university system to act on their behalf."

Corinne Koppel, Health & Human Services Director

"Past boards gave lip service to the rhetoric of change but no steps to procure any results. Where are shorter lines, parking spaces, improved transportation, lower fees and proper adjustment of funds to essential programs?"

"Each candidate is striving for the same goals: access, democracy, services, awareness, diversity and equality."



RESEARCH & DEVELOPMENT

Since homework is more of a part of college life than those other events and activities called "college life," you should already be getting friendly with the Library, the computer labs, and whatever other facilities are available for you getting the tools you need to get your work done. Yes, some suffering is required.

Library

The Library contains over a million volumes of reading and reference material, including thousands of maps, slides, microfilms, pamphlets, magazines, newspapers, theses ... everything you need. The card catalog has been moved to the lower level and has been replaced by EUREKA, a computer catalog with terminals located throughout the building. Access is also available from other campus computers.

Library collections are divided into four departments: Education and Psychology, Humanities, Science and Technology, and Social Science and Business Administration. Each department has a reference desk, a reference collection, an index, books, and study areas.

If what you're searching for isn't necessarily in book form, the Media Services Center provides individual listening and

viewing facilities for audio and video, plus it has an ever-growing collection of software.

Other special facilities include computerized reference assistance, databases, a reserve book area, a map room, photocopiers, a slide collection, group study rooms and the University Archives, which contains some history of CSUS including back issues of the *State Hornet*.

Plus, if the Library doesn't have a particular book you need, CSUS Interlibrary Loan can get you that book from another library although it may take up to six weeks. The Interlibrary Loan Office is located on the main floor of the Library.

Although the Library is very well stocked and provides many services to the students, it lags in the respect that it isn't open 24 hours a day, but its hours are pretty good compared to public libraries.



For a more complete introduction to the Library, attend one of the orientation tours that are conducted at regular intervals during the first weeks of the semester. —Paul V. Molles

Textbooks

You'll need a textbook for just about every class. Depending on the class, they're not always that helpful ... or even necessary.

Textbooks are available two weeks before the start of classes — that is, if your professors haven't screwed up their purchase orders — and the Bookstore is open for a few extra hours during the first week of classes so you can spend extra time in line. Try to get your

textbooks as soon as possible.

Unless you plan to keep the book — and it's rare that you will — buy a used book. Another reason to get your textbooks early is that used books will disappear quickly. Used books are cheaper, broken in and they have all the notes included.

The notes are a big bonus. Most students check out the used books to make sure they have no notes in them; they want the book to be in as perfect a condition as possible. Big mistake. The notes are a great convenience, even if the person who marked up the book had a different instructor. Some of the notes have answers; some have items that would wind up being on your tests that the professor never goes over. So, while others are looking for books with no notes in them, look for books with plenty of notes in them. (Make sure they're actual notes and not just doodles or phone numbers. Well ... phone numbers can be fun, too.)

Used or not, the Bookstore still manages to soak you when it comes time to buy your textbooks. Textbooks are almost always overpriced. When they're new, it's the publisher's fault; when they're used, it's the Bookstore's fault, so assign the blame accordingly. At the end of the semester the Bookstore,

generous souls that they are, will buy back your textbooks for about half price (then sell them next semester for about 80 percent of the price) and as an extra incentive they might toss in some promotional campaign that allows you to win a car or some money or something. This discourages students from selling books to other bookstores or to other students and insures the Bookstore's monopoly on textbooks.

Depending on the subject, you may find the textbook at a bookstore or through a book dealer off campus; there's also the Book Depot on La Riviera Drive, which deals in used textbooks at lower prices. You could also shop around at other college bookstores. Stop by the bookstores at local community colleges (Sac City, American River or Cosumnes) or you could even go out to UC Davis (Ugh!).

Some instructors never refer to the book at all; they require you to have a book simply because it looks good for them to have a reference material. By the first week, you should figure out whether you'll ever open the book; if not, sell it back to the Bookstore before it's too late.

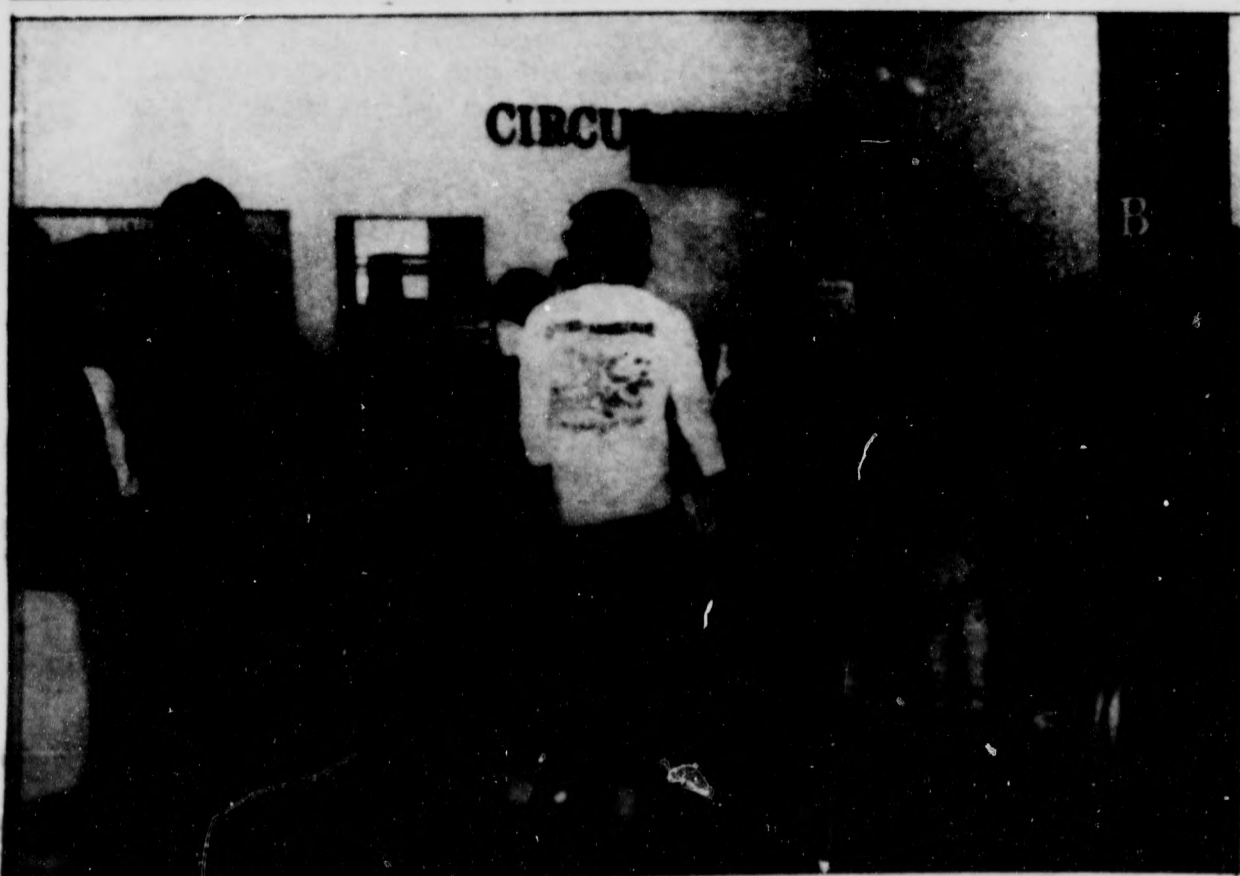
If you get to the Bookstore and find nothing but new books, you could also try this tactic without losing money: Don't buy the book until you're actually assigned homework that involves that book. Or you could try the reverse of this: If you're using the book for only

Hornet Bookstore hours

	7 AM	8 AM	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM
MONDAY - THURSDAY											
FRIDAY											
SATURDAY											

Library Hours

	7 AM	8 AM	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
MONDAY-THURSDAY																	
FRIDAY																	
SATURDAY																	
SUNDAY																	



the first week of class (which occurs in history or English courses) and that's it, sell it back in time.

Or you could do what impoverished students do and split the cost of a textbook with a friend ... maybe even your roommate.

Computer labs

Since they'll eventually be running the world anyway (and who says they aren't already?) you may as well speed up the process and buy a computer. They come in handy for just about everything: writing term papers, computer-aided drafting, mathematics, computer science, writing underground newspapers, whatever.

The Computer Store on campus offers a selection of IBM and Macintosh computers, printers, scanners, software, disks, supplies, magazines — everything to make the average computer nerd explode from joy. They also have computer demonstrations.

About student discounts: Just because the Computer Store is on campus doesn't mean the prices are any lower. They do offer some student discounts, but shop around anyway.

About educator discounts: True, your professors can get a better deal on a computer than you can. But it doesn't mean they can buy one for you. So there's no point in sucking up to your favorite professor so you can get a cheap computer. Reserve your sucking up for your grade.

We at *Survival* realize that some of you poor souls out there are stuck without a computer at home. We sympathize, but you really should have bought one before college started sucking away all your money. But since you may really need one, there are a few options.

Computer Services: As a Sac State student, you can use the computer labs, generously provided through Computer Services. All labs have lab assistants that can sometimes help you out if you have problems, depending on the temperament of the lab assistant.

Part of the lab assistant's job, however, is to watch the printers and make sure you're only printing things for your classes — and only making one copy of it. The process by which they keep tabs on you involves them hiding all the Laserwriters in a back room and not letting you



touch them, then only printing things out every half hour at some of the most inopportune times. Let's just say that it's not a good idea to get your last-minute homework printed there.

You're also at the mercy of their hours, and if you try to make the lab assistants stay overtime, they will actually turn off your computer for you. It doesn't matter what you have or haven't saved. So make sure you're done when they say you are.

Copies

Here's the deal: You don't have the time and money to buy a personal photocopier; you don't even have time to get to the Copy Center, let alone Kinko's, and you need copies. Lots of them. *Now.*

For this, you should have planned in advance. Now it's too late. But if you could back up about five days ago, you could have gone to the newsstand in the Union, or the Copy Center, or the Bookstore, or The Store in the University Union, and get a Copy Card.

The copiers in the Library and the Student Services Center take coins also — copies are 10 cents each — but you save money when you get a card.

Get the 100 copy card for \$7.50 (saving \$2.50), the 200 copy card for \$14 (saving \$6), or the 500 copy card for \$31.75 (saving \$18.25). The 500 copy card will set you up for the rest of your college career, unless you're publishing an underground newspaper.

Computer Locations

IBM compatibles	
Business Building	Room 1007
Engineering Building	Rooms 1208, 1339
Mendocino Hall	Rooms 2004, 2008
P.E. Building	Room 115
Psychology Building	Rooms 218, 257
Science Building	Rooms 216, 316
Macintosh compatibles	
Engineering Building	Room 1234
Mendocino Hall	Rooms 2003, 2007
Science Building	Room 316
Apple computers	
Education Building	Room 211
Workstations/Supercomputers	
Science Building	Room 316
Engineering/Computer Science Building	Room 2001

To be honest, the copiers create pretty lousy reproductions. They tend to be very grey and have lines across them in the worst places. If you're using the copiers to produce flyers or newsletters or anything you value, you're better off going to the Copy Center or a

print shop.

Put the copy card in your wallet; all the copiers accept them, and some copiers accept copy cards only.

Chances are good that when you're desperately in need of copies, you'll be close enough to a copier.



Copier Locations

Coin / Card	Building	# of copiers	Location
■	Business	1	Room 2108
		1	Room 3003
■	Education	1	Room 313A
		1	Room 435
■	Engineering	1	Room 1202
●■	Library	1	Lower Level
		3	First Floor Lobby
		3	First Floor RBR
		3	Second Floor
		8	Third Floor
		1	Fourth Floor
■	Mendocino Hall	1	Room 2029
		1	Room 3000A
		1	Room 4019
■	Nursing	1	Copy Center
■	Public Safety	1	First Floor Lobby
■	Psychology	1	Room 358A
■	Science	1	Room 344
		1	Room 507
■	Speech / Drama	1	First Floor
●■	Student Services	1	First Floor
●■	University Union	1	First Floor
		1	Third Floor

THINGS ON CAMPUS

Sac State does so have a campus life. It's not like UC Davis. The city of Davis has nothing in it of any relevance, so the students force their campus to create an artificial social atmosphere. Sacramento, on the other hand, has clubs and bars and theaters and thousands of things to grab your attention in one way or another.

As a result, there are less things on campus to grab your attention. True, Sacramento is no Berkeley, but Berkeleyites are so pretentious anyway.

But there are a few things, for those who are stuck on campus and need something to pass the time. And for those who need something, *anything* just to get the voices out of their heads, we will list those things that exist on campus. Maybe something will interest you.

The Union, second floor

You say you want to get away from it all?

The second floor of the Union might be one of the better places to go on campus. The noise level there is a bit better than that of the Library. It offers two exhibit areas, two television areas, a lot of comfortable chairs, and a copy machine.

The Union Exhibit Lounge, sort of a miniature art gallery, exhibits a wide variety of works by local artists, and switch exhibits about five times a semester. Some works of art are also on display in the Sight and Sound Lounge, though few actually go to the Sight and Sound Lounge to look at the walls.

The Music Listening Lounge and the Sight and Sound Lounge are two cool places to go to listen to your favorite music ... or stuff you could care less about, but what the heck, it's playing. Pick one of over a thousand albums out of their great big Book O' Albums.

The difference between Music Listening and Sight & Sound is that in Music Listening, you get your own room, your own bean bag, your own four acoustical walls made of pegboard, your own speakers and your own volume controls, and you get to listen to whatever you want. In Sight & Sound, you get a pair of headphones, a bunch of seats located near headphone jacks, and you have to listen to whatever's playing. You can request an album on a request list, and you'll probably have to wait a while before your album comes on.

In both lounges, you also have a bunch of magazines and art books available, and they also have board games and

playing cards.

Enough about that. The television lounges have big-screen televisions that are almost always tuned to soap operas or talk shows.

There's the skylight. You can stare at that for a while.

There's the Fireplace Lounge, which looks like a set of concrete bleachers covered with carpeting. When it gets cold, someone may actually burn something in the fireplace.

And the chairs are always handy for several things. See "In The Chairs."

Bookstore

Not to be confused with The Hornet Foundation, which is on the third floor of the same building, the Hornet Bookstore sells books, CSUS memorabilia, personal hygiene supplies (you never know when your Odor Eaters™ might suddenly give out on you) and textbooks, their biggest draw.

They also sell books on just about every other topic, including children's books, which are good for those of you who couldn't handle anything past *The Cat In The Hat*.

They sell CSUS shirts, pants, hats, sweaters, sweatshirts ... you could buy an entire CSUS wardrobe in there, if you have the money and really want to look like an utter dork.

They also sell junk food, including M&M candies in CSUS colors.

And they sell school supplies, including calculators. For the really heavy-duty school supplies, see "Computers."

If you want to call the Bookstore (presumably to check hours or to see if they have a book) call 278-6446.

For specific hours, you may recall that we listed the hours on page 12.

The Store in the University Union

Like any tourist attraction, Sac State has a few shops with lots of memorabilia that you can buy and stick in central locations in your apartment so that when your friends and family visit, they can ooh and aah over the fact that you're a Sac State student. Ooh. Aah.

But the shop for memorabilia has gotta be The Store In The University Union. They not only have CSUS trinkets, but they have Greek trinkets and stationery. If you're looking for something with CSUS or Greek letters on it, there's the place for you.

Oh, you just know mom's gonna want the CSUS coffee mug, and dad'll want that CSUS pennant, and dad's roommate "uncle" Bruce is gonna want that book on Sac State history. And grandma will just get a kick out of that fraternity beer mug ...!

They also have a variety of greeting cards, gifts, candy and novelty items, just like any greeting card store you might find. And they process film.

Observatory

Did you know that Sac State has an observatory? No, really. It's located in the Psychology Building. The physics and astronomy department regularly sponsors "star parties" and a Thursday afternoon colloquium series. Students are invited to both events. Call 278-6518 for information.

Theater

Remember high school plays you were forced to attend because your brother was in them? He couldn't act; neither could anybody else, except two kids with bit parts. They would have had the lead roles, except the director/drama teacher insisted on having the teacher's pet as the lead. Remember the set was made of Styrofoam? ... Enough reminiscing.

College plays are a far cry from high school plays. For one thing, they're made using actors, directors and set designers who are either professional or training to be professional. For another thing, they cost more, but you'd pay about the same price for a movie ticket, and in a movie, there's never the possibility that the actors will flub their lines.

Stage productions are of-

fered throughout the year through the drama and music departments; students and SARTA (a local theater organization) members pay reduced admission. Call the box office at 278-6604 for more information on prices, times or plays.

Outdoor spots

Two outdoor spots on campus are worthy of some mention: Alumni Grove and the Arboretum.

Alumni Grove, though it sounds like an alumni-only location, is a small patch of grass, some trees, a barbecue pit and some picnic tables located off the American River behind the temporaries.

The Arboretum is located near the front of the campus

and consists of a lot of trees, flowers, bushes and a path that you can walk down and look at the pretty flora ... and a canal that's more like a moat than a canal.

University Media Services

You're gonna hear about University Media Services, but don't let it rattle you.

UMS isn't really for students; it's the faculty's way of getting their films, slides, videotapes, maps, charts, whatever. It's the faculty's print shop, which contains "a group of highly talented professionals interested in uses of instructional technology and dedicated to furthering the university's education mis-

IN THE CHAIRS

Here's a list of 20 things you could do while sitting in the chairs on the second floor of the University Union.

1. Do homework.
2. Sleep, possibly drool all over yourself, and set yourself up for any prank that other students can try out on you, like dropping ice cubes down your pants or shaving cream on your hands.
3. Play with your Game Boy.
4. Bite your fingernails.
5. Chat with friends.
6. Stare at other students until they get nervous and go away so *your* friends can sit down and you can chat.
7. Stare at the really cool skylight.
8. Wait until somebody walks really close to you, then deliberately trip them and say, "Whoops; I'm sorry." Sometimes they drop money.
9. Wax your legs.
10. Sit next to the photocopier so you can act like the Copy Machine Guy on *Saturday Night Live* "Mike. The Mikemeister. Mike-o-rama. Mike-a-rino. The Mikeinator."
11. Doodle.
12. Talk on your cellular phone.
13. Listen to your Walkman instead of going into the Sight and Sound Lounge, because God knows whose ears touched those headsets last.
14. Sing aloud while listening to your Walkman, defeating the purpose of headphones.
15. Have an out-of-body experience.
16. Read.
17. Read over someone's shoulder.
18. Pick your nose — bring your own tissue. Blowing snot or wiping your nose directly onto the chairs is childish and as college students, you should be beyond that.
19. Try to eat without getting caught.
20. Make an Origami crocodile out of copies of the *State Hornet*.

sion."

They also operate the on-campus cable system that beams those boring documentaries to your class. And they've got about 4,300 films, 3,000 videos ... If your instructor isn't showing you a video every day, it's not UMS's fault. They're also the guys who print the schedule and the catalog.

So, even though you may never have to interact with them directly, now you know who they are.

Guy West Bridge

The Guy West Bridge is more off-campus than on, but it's kind of a landmark.

You may ask, "Who was this guy Guy West anyway, why does he have a bridge named after him, how come it looks like the Golden Gate Bridge and why do we need a bridge anyway?"

To answer, in four parts:

1. Guy West was the founding president of Sac State College, which later became CSUS.

2. First presidents always get something named after them. Take George Washington. He has a city and a monument; a state and his face on the state seal and flag; his face on the dollar bill and the quarter and a savings bond; a couple statues and paintings and Mount Rushmore ... He's *everywhere*; but he was the father of our country. Guy West wasn't as historically important, but at least he has a bridge to save him from obscurity ... in part.

3. About every suspension bridge looks like every other suspension bridge, so it's gonna look like the Golden Gate Bridge, especially with that coat of orange paint on it. It really needs repainting; you can still see decades-old graffiti.

4. We don't need a bridge. We can walk on water. We're college students.

Tom Hanks

You might hear his name mentioned on campus; Channel 40 plugs his movies by prefacing his name with "Sacramento's..." He's Tom Hanks, and he used to be a Sac State student and dorm rat.

Whoopie, a real live celebrity used to go to Sac State. Pardon my lack of enthusiasm, but far too many people seem to care that Tom Hanks was a Sac State student.

Not that it matters. Yet people like to think that someday, they too might star in a movie of the caliber of *Bonfire Of The Vanities*. Or they just like the thought of making it big after college.

Of course, they won't and they'll mutter to anyone that listens, "I went to the same school as Tom Hanks."

Big deal.



THE COLLEGIATE LIFE

As we said before, the collegiate life actually consists of homework, classes, scrambling through the parking lot and little else. Whatever else that exists is called "atmosphere," and is provided by those people who have experienced it before and wish to pass it down.

There used to be more of them, but as life got more and more difficult, people became more and more aware and traditions became more and more frowned upon — not the traditions themselves, but the very idea of having them — colleges lost almost all of their atmospheres.

That's why you don't notice anything missing. That's why you don't feel any different at college than you would anywhere else. The soul has been sucked out of America's campuses. I think some Europeans still have theirs, but it's hard to find it in this country. You have to look for a campus that's relatively cut off from civilization before you can find it.

Oh, well, enough lamenting. There's little that can be done; let's just tell you about a few of those keepers of the flame who still believe that college can still be a cool place to hang out.

Student Activities Office

Everybody plugs the social and cultural aspects of a university. And they should. Most students' only social or cultural college experience consists of a few margaritas at El Torito's just before going to a party. Outside of those few experiences, they do nothing besides go to school, go to class, and go home.

Student Activities provides access and services to over 250 international, Greek, departmental, religious, special interest and sports/recreation clubs. They also publish a monthly calendar (which you'll probably see around campus) that gives you information on on-campus events and workshops and lectures and everything accessible to students.

The Student Activities office is on the third floor of the Union, or you could call them at 278-6595. If you need to get a hold of any particular club, they have mailboxes for every single one of those clubs up in the Student Activities Office. (Go up there sometime and stare at it. It's kind of mind-boggling how they manage to get the mail straight.)

UNIQUE Programs

UNIQUE Programs is a part of the University Union and produces entertainment on campus. UNIQUE stands for

"Union Network for Innovative Quality University Entertainment." Cute, huh? In actuality, they probably came up with the word "UNIQUE" before they came up with what it stood for.

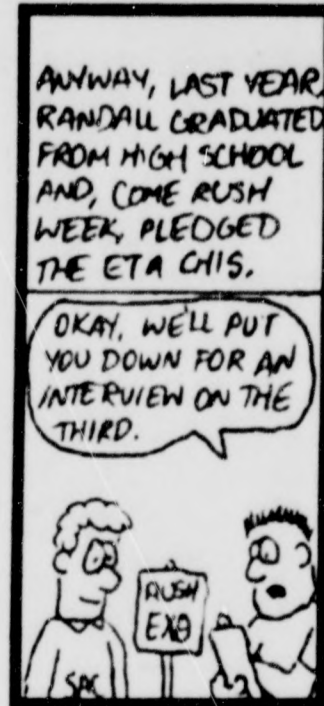
This organization consists of several student volunteer committees that produce entertainment and educational programs throughout the year. And man, do they produce programs. Rare is the time that you won't find one of their programs being produced. They're a hyper bunch.

UNIQUE Programs presents the following cultural highlights:

Nooners. Held Wednesdays at noon, hence the name, Nooners are free events consisting of music, speakers, films, games, comedians, whatever. Most of the time they're excellent, though at times they can remind you of high school pep rallies. They're held either in the Redwood Room in the Union, or on the South Lawn outside the Union, depending on the weather.

Cultural Affairs. Various speakers and cultural events are held on various Thursdays from 11:45 a.m. to 1 p.m. in either the Redwood Room or the South Lawn. UNIQUE calls Cultural Affairs "an outstanding program." Well ... yeah, why not. Outstanding it is.

Starlight Comedy Cafe. It isn't really a cafe (they only serve popcorn and drinks) and it isn't held under the stars (it's held in the Redwood Room) and sometimes you have to won-



der if their headliners can legitimately call themselves comedians. But they're held about four Fridays a semester, and they're \$4.50 per student; cheaper than Laughs Unlimited or the Punchline, and it's great entertainment. When you see the hand-printed ads go up around campus, buy your tickets then; they always sell out.

Concerts. UNIQUE produces a lot of music presentations, such as "Tuxedo Junction," "Day on the Green," "Blues By The Moon," "Joy of Jazz" and "Sunbath Saturday." Most events are free; some are at low cost. But all are worth a listen.

Coffee House concerts. The Coffee House has some local musicians play music for the students that hang out there from 8 p.m. to 10:30 p.m. on Tuesdays and Wednesdays.

Homecoming. It used to be a really big thing in the old days, but this unexplainable tradition now consists of a bunch of Greeks and alumni trying to relive past glory. You gotta give them credit for trying, though.

River City Days. Every spring, the campus schedules a week of entertainment, exhibits and music, and invites parents and high school kids to Sac State so they can see what fun the college life really is. It's great for recruitment and for brainwashing your parents into letting you stay here.

Special Events. UNIQUE also produces such events as "The Student Talent Showcase" and "College Bowl." Check the *State Hornet* or the student activities calendar for details.

Greeks

The beginning of the school year means many things: getting the bureaucratic run-around when trying to add a

class, spending money on books you'll probably never read, and if you're so inclined, picking a fraternity or sorority to take you away from the boring doldrums of everyday college life.

Here at CSUS, there are so many fraternities and sororities that choosing (and hopefully being chosen by) the right one can be more stressful than finding a parking spot.

Traditionally, sorority rush for national organizations is usually completed before the school year begins. Fraternities usually have booths set out in the quad the first week of each semester for people to check out.

I asked a buddy of mine who is in a fraternity to give me the details involved in rush and he told me to forget it; I'd have to write a book on it. But equally, each individual organization also has its own rules about selecting prospective members. Some make a pledge wait a semester before becoming a full-fledged member. For others, being a pledge gives you close to all of the rights of that particular organization.

In addition, there are other types of Greek communities on campus geared to various academic interests. These include, among others, co-ed real-estate, business, and law organizations. Ethnic and cultural organizations meld social events with activities designed to create a higher awareness of their ethnic origin or culture.

For me to detail each of the chapters' rules, in fraternities and sororities alike, would produce a volume of work that Tolstoy would be envious of. So let it stand that CSUS has beaucoup Greek organizations for those who are interested in them, and I'll leave it to you to figure 'em out. —Derek J. Moore

GO, SPORTS

You may not have realized yet that being a Sac State student is a lot like belonging to one great big health club.

No, really. Besides all the fantastic exercise you get running from the parking lot to class, dodging obstacles along the way and weighed down with 50 pounds of books, you also get the convenience of a gym, free instruction, use of PE equipment (not always at convenient hours, but hey, what do you want for free?) and free home games.

We should mention the Campus Recreation Office now; they'll come up frequently in the articles below. They're located on the first floor of the University Union, right across from the Coffee House. Their phone number is 278-5321. Remember it.

Intercollegiate sports

In these trying financial times, students must find very creative ways to get the most out of their entertainment dollar. It seems nothing is free anymore.

So perhaps you should find out what you've already paid for and see if you can squeeze anything else out of it. Like your student activity fee. Haven't you ever wondered what it goes towards? Well, for one thing, it allows you to see home sports FREE, with a valid student ID.

And this year promises to be very exciting as CSUS continues its transition into the NCAA Division I.

Currently there are over 500 athletes competing in 17 different sports. Football is starting its last season in Division II, but will host Division I Montana State on Sept. 5.

Not only will this be the first Division I football team to play here in Sacramento, it will mark the first time Hornet football will be played in the newly renovated Hornet Stadium. The renovations, which were done to accommodate the Sacramento Surge of the World

Intercollegiate Athletics

MEN'S INTERCOLLEGIATE ATHLETICS

Baseball	John Smith	278-7225
Basketball	Don Newman	278-8133
Cross Country	Joe Neff	278-8208
Football	Bob Mattas	278-7053
Golf	Rene Mondine	278-7225
Soccer	Michael Linenberger	278-8768
Tennis	Rich Andrews	278-8481
Track & Field	Joe Neff	278-8208

WOMEN'S INTERCOLLEGIATE ATHLETICS

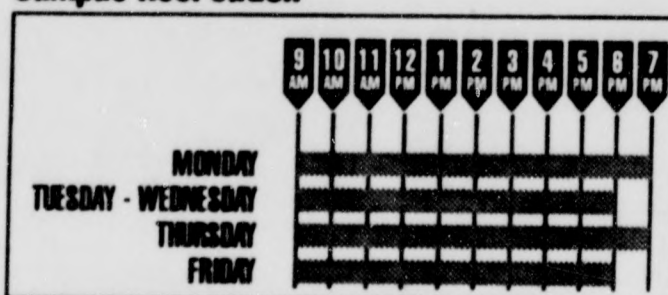
Basketball	Sue Hoffman	278-5839
Cross Country	Joe Neff	278-8208
Gymnastics	Kim Hughes	278-5839
Softball	Kathy Strahan	278-5376
Tennis	Rich Andrews	278-8481
Track & Field	Joe Neff	278-8208
Volleyball	Bobby Colberg	278-8427

League of American Football, can now hold 26,000 people as opposed to just 6,000 last year. We recommend sitting in the end zones, since it's right on top of the field and you won't want to miss

any of the non-stop head-banging action. The Hornets finished with an 8-2 record for its seventh winning season in the last 10 years.

But sports doesn't just revolve around football. There are other teams competing this year: baseball, softball, basketball, cross country, gymnastics, soccer and track & field. For dates, information and locations, check out the Sports sec-

Campus Recreation



tion in the *State Hornet*—Carol Dahmen

Intramurals

If you aren't cut out for the highly competitive atmosphere of intercollegiate sports, there's the informal world of intramurals available from your friendly neighborhood CSUS Intramural Sports and Recreation Program. They're located

in the Campus Recreation Office.

You could participate on a team — assembled by you, your friends, your club, your Greek organization, the people in your dorm, some

dudes you met in the bathroom — or on your own, depending on the sport. Or, if you don't have a team, you can either latch on to one that already exists, or join a cult and mention intramurals to them frequently.

Sports offered for men's, women's and co-ed leagues include: soccer; flag football; bowling; one-on-one and five-on-five basketball; tennis, racquetball and golf doubles; volleyball triples; softball; swim meets; whiffleball; and the mind-scrambling Sports Trivia Bowl.

And of course, they always need referees ... who get paid. So not only do you get an excellent view of a game, and get to lord over the players, but you get some dough, too. Bonus.

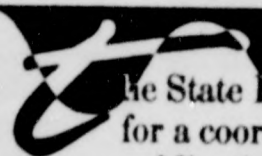
An even bigger bonus is if your team is good enough, you can get your name in the *State Hornet*.

Sports clubs

I assume, way back when, a bunch of sports enthusiasts in a particular sport took notice of the lack of that sport in intercollegiate athletics, intramurals, or P.E. "Bogus," they said, and they formed clubs so that they could play with others equally interested in that sport.

Many of these clubs still exist; some compete against other clubs from other colleges, just like Intercollegiate Athletics does. Some even make local, state, regional and national championships.

To join, contact the Campus Recreation Office or look for fliers posted around campus. Club mailboxes are located in



The State Hornet's monthly magazine of political & social commentary, *Current Wisdom*, is looking for a coordinator. Job responsibilities include selection and solicitation of submissions for publication. Applicants need not be journalism majors. Apply to Michael Pipe Jr., (916) 278-6583.

GRAND OPENING



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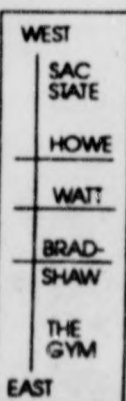
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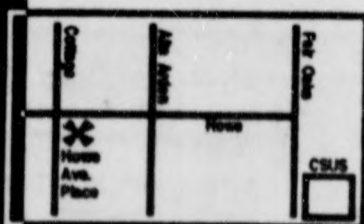
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the Student Activities Office. And if your sport isn't represented in any club or organization, get a few friends together and start your own. Contact the Campus Recreation Office and they'll get you started.

Peak Adventures

Peak Adventures (located in the Campus Recreation Office) is Sac State's outdoor education and recreation program. They provide individuals and groups with the opportunity to go backpacking, rock climbing, skiing, biking, and all kinds

of dangerous fun things that would cause your mom to lose control of her bodily functions. And they provide expert guides, transportation, equipment rentals, etc.

If you're interested in an excursion (or free advice for your own excursion) stop by and interrogate their hardy team of adventurers.

Not only that, but they're very big on bikes. Peak Adventures offers many services to the cyclist, including classes on bike maintenance and bike supplies. And after you take the bike maintenance class, you

can use their bike shop to make "supervised" repairs on your own bike.

They can make repairs in 48 hours; flats can be repaired while you wait, depending on how busy the shop is. The prices are comparable to other bike shops or the bike section at the grocery store. Students get a 10 percent discount.

They also rent out bike lockers for \$10 a semester, but the 250 lockers sell out before the semester begins, so better luck

next time.

Oh, they wanted to plug their big 9 foot rock-climbing training wall. Give it a try, but get someone to watch you in case you fall off.

Facilities

If you need to recreate and you need a room, or a court, or a pool to recreate in — and make sure you practice *safe*

Recreation Facilities

	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM
GYMS														
MONDAY - FRIDAY														
SUNDAY														
POOL														
MONDAY - THURSDAY														
FRIDAY														
SATURDAY														
RACQUETBALL COURTS														
MONDAY - THURSDAY														
FRIDAY														
SATURDAY														
SUNDAY														
TENNIS COURTS														
ANY TIME WHEN NOT IN USE BY P.E. OR ATHLETICS														
TRACK														
MONDAY - THURSDAY														
WEIGHT ROOM														
MONDAY - THURSDAY														
SATURDAY														
SUNDAY														



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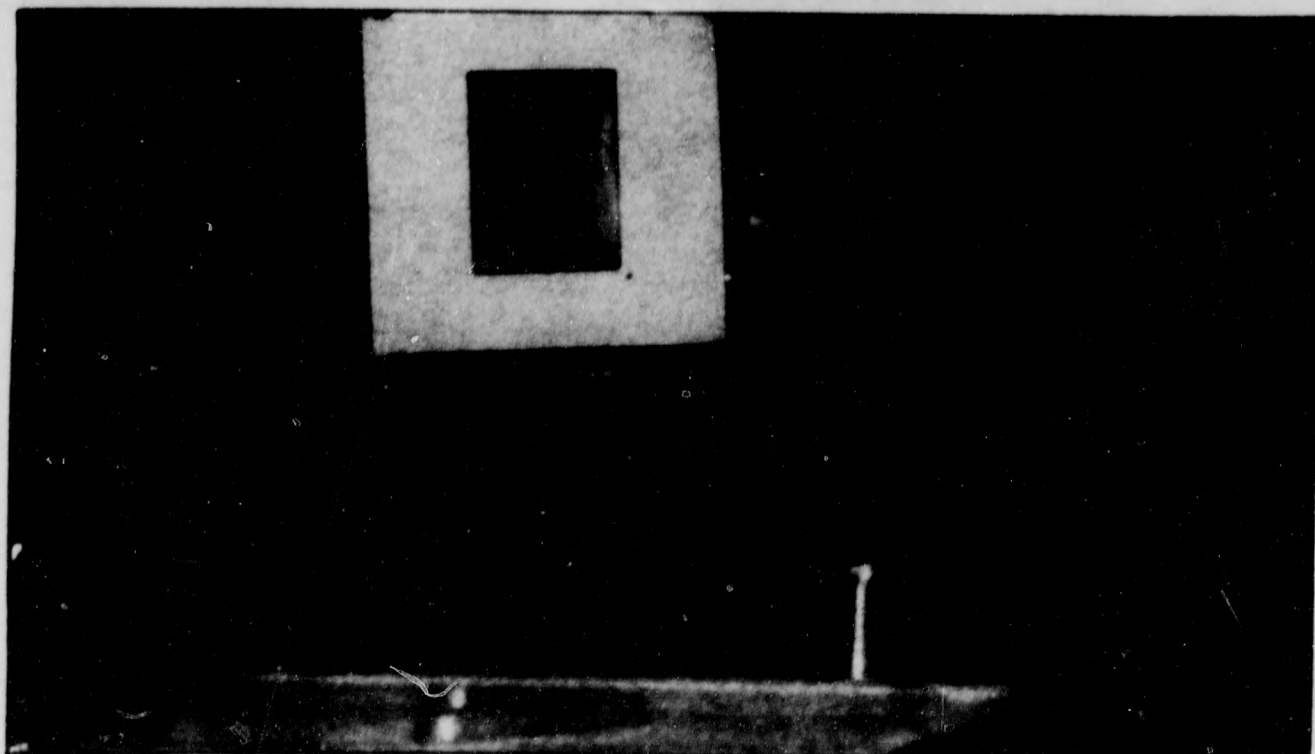
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Games Room

	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
MONDAY - FRIDAY															
SATURDAY															
SUNDAY															

recreation — recreation facilities are available at certain times when classes aren't in session, when intramurals aren't using them, or when the sports teams aren't hogging them for cross-training.

See the list of hours on the previous page and

don't forget your student ID.

Warning: Hours are subject to change without notice. At any moment, at any time, when you least expect it, the hours could change. So it's safest to be absolutely, completely sure and call the Rec Check recording at 278-6005.

A note about the pool: It's open to the public on Saturdays, and students get in free, but everyone else has to pay \$2.25 — except children under 5, who get 50 cents off.

Aquatic Center

The Aquatic Center is a joint operation of ASI, the Union and the State Department of Boating and Waterways and Parks and Recreation. Located at Lake Natoma, it occupies eight acres and includes a beach, grassy areas, picnic facilities, volleyball courts, three docks, a boat launching ramp, classrooms and parking.

All students, faculty, staff and alumni of CSUS and other local colleges — including Sacramento City College, Cosumnes River College, American River College and UC Davis — qualify to use the Center and may bring up to three guests with them while taking a class. You're also welcome to have a picnic or barbecue, but it'll cost you, depending on the size of your entourage. The Center is also open to the public for a slightly higher fee.

It provides boating and water safety instruction through PE classes, leisure classes and summer camps. It also has a large inventory of boats, rafts and equipment and can store your boats, rafts and equipment for six months, if you pay them.

Games Room

Located on the first floor of the Union, the Games Room offers video games, pinball, table tennis and billiards to the game connoisseur.

Bring your student ID to check out equipment. Join a table tennis or billiard tournament, held on Friday afternoons. Table tennis rates are \$1 per hour; billiard rates are \$2 per hour and video game rates are 25 to 50 cents per game, so there's no excuse — besides a lack of money — not to have some good clean fun.

Or some good dirty fun, if you're the type of person with spikes on your pool cue.

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READ AND WATER

Food often comes to a college student's mind, especially when they've gone without it so they can do homework ... or pay for school. There's very little to say about it; that doesn't mean we were brief.

Food service

With limited time between classes, eventually everyone is going to be forced to eat on campus, and if you haven't brought your lunch, you'll have to eat at one of the campus eateries.

Because this campus is virtually closed off from the rest of the world, with few restaurants immediately accessible, it just begs for a monopoly and sky-high prices. Surprisingly, though, due to competition between the eateries, the prices aren't that high, but they will bankrupt you if you buy your lunch daily.

The only other restaurants immediately accessible would be Shakey's, Denny's and those restaurants in University Center, across the Guy West bridge. You can walk to them, but their prices are comparable to the campus eateries, with the exception of Shakey's bitchin' lunch buffet.

A few recommendations: Avoid the eateries between 11 a.m. and 2 p.m. At that time, it will seem as if the entire campus converges on the eateries at once, especially on the hour

and the half hour when everyone naively assumes they can grab a bite to eat between classes.

Now ... where do you want to eat?

Coffee House. You won't necessarily want to go here so much for the food — which is pretty good, and they have a mesquite grill — as you will for the ambiance. It's the most popular spot on campus, so watch the crowd.

They pretty much close down a half hour before closing time, so if you want anything cooked in that time, forget it. You'll just have to settle for something they have leftovers of.

Patio seating, fresh-ground coffee, and soups-salads-sandwiches. They also have pizza, which you can order in advance, at 278-5696. And yes, they serve beer and wine. The nachos are excellent; the nighttime enter-

tainment is OK.

Crumbs. Crumbs bakes constantly, so almost everything you pick up should be fresh, or at least baked that day. Rumor has it that they have a fan someplace near their oven so they can blow the smell of baked goods all over the Food Service patio. They also have an interesting blend of coffee. If the prices aren't to your liking, go after the free samples on the counter.

Hornet's Nest. You know, the Hornet's Nest used to have this cool quasi-'50s style decor

with the checkered floor and the tacky orange seats. Then, last year, they replaced it with a dark green and pine paneling '80s style decor that just sucked the soul out of it.

Decorating aside, the Hornet's Nest specialty is their grill, and they also have salads and sandwiches that they sell by the ounce. Unfortunately, those ounces add up quickly and expensively. They have many pastries and beverages, too, and a large crowd in the dining area. Get whatever special they have, and go after

those dollar bags of day-old baked goods.

Ice Creamery. It isn't necessarily healthy (frozen yogurt isn't as healthy as you think, either), but the Haagen-Dazs ice cream is great, though you can get it cheaper at the grocery store ... and maybe anywhere else, for that matter. Trouble is, they're stingy with the ice cream until closing, when they're trying to get rid of it.

Outpost. They deal in high-speed American cuisine and they have vending machines.

That pretty much covers it. Perfect if you're in a rush, though those vending machines are overpriced.

Pub. Like the Hornet's Nest, they have salads and sandwiches by the ounce. Their specialty isn't the grill, though — their specialty is beer and wine and atmosphere.

Roundhouse. A smaller version of the Outpost, with vending machines and everything.

Burger King. BK is, of course, the most well known of the eateries, so you already know what's there: Whoppers, french fries, and other forms of most excellent high-speed hot American cuisine.

The Hornet Foundation, however, sometimes tampers with this BK's prices. See, they don't want Burger King's normally low prices to undercut the prices at their other restaurants, so they keep them nice and high so that there'd still be some competition between them. So if you walk into BK one morning and see hamburgers priced at \$1.99, you'll know who to blame.

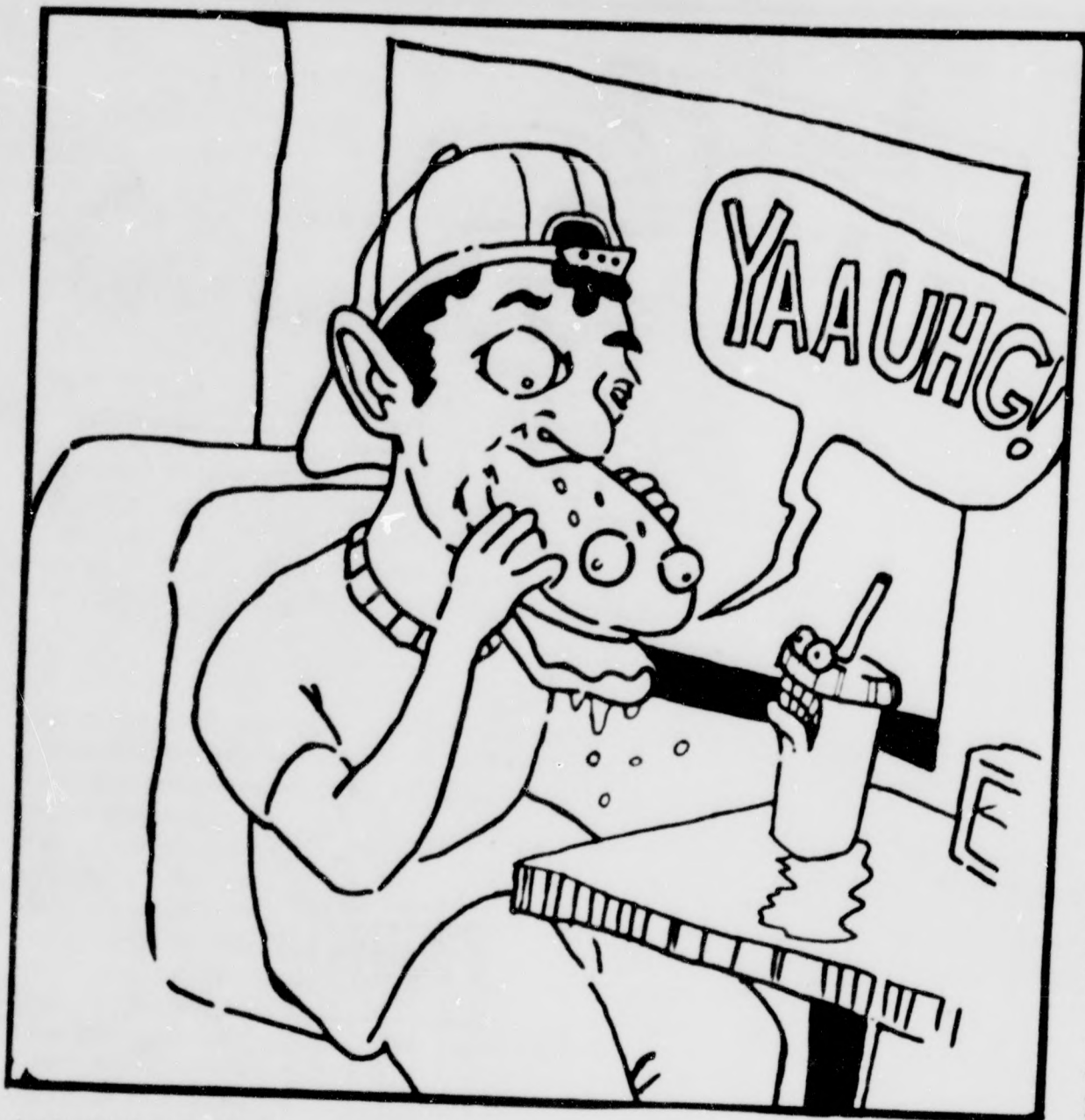
Because it's well known, it's also one of the most popular spots on campus, so be prepared for the crowd.

Vending Machines. Not only are they located in the Outpost and Roundhouse, but you can also find a few of them hidden behind a concrete slab at-

Food Service

	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	12 PM	1 PM	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
BURGER KING MONDAY - THURSDAY FRIDAY SATURDAY																		
CRUMBS MONDAY - THURSDAY FRIDAY																		
COFFEE HOUSE MONDAY - FRIDAY SATURDAY SUNDAY																		
HORNET'S NEST MONDAY - THURSDAY FRIDAY SATURDAY SUNDAY																		
THE ICE CREAMERY MONDAY - THURSDAY FRIDAY																		
OUTPOST MONDAY - THURSDAY FRIDAY																		
PUB MONDAY - THURSDAY FRIDAY																		
THE ROUNDHOUSE MONDAY - THURSDAY FRIDAY																		
THE SEQUOIA ROOM MONDAY - FRIDAY																		
UNION STATION MONDAY - FRIDAY SATURDAY SUNDAY																		
UNIVERSITY CENTER MONDAY - FRIDAY																		
VENDING MACHINES MONDAY - THURSDAY FRIDAY SATURDAY SUNDAY																		





tached to the Science Building. Prices are high for these suckers.

The coffee machine is probably the best bargain; the cups may be tiny, but it's only 40 cents, up from a base price of water, which is free; the heating, which costs about 2 cents; and instant coffee, which costs about 5 cents.

Food

Contrary to popular belief, you do not have to spend the rest of your college years subsisting on Top Ramen. There are ways to survive on a limited

budget; just find them.

The best suggestion is to buy lots of food at once, in bulk, and buy on Wednesday, Thursday or Friday, because that's when the specials are. It's cheaper in the long run.

The cheapest places to shop are usually places that buy in bulk and make you bag your groceries, like Pak n' Save or Food 4 Less, or grocery outlets, like Canned Foods Grocery Outlet in Rancho Cordova or West Sacramento.

If you think you qualify for food stamps (and with a low income and student status, you might) contact the Sacramento

County Department of Social Services at 732-3072 and see if you qualify. Food stamps can really help if you know how to stretch a dollar at the grocery store.

And use coupons!

Hangovers

For the past two semesters, we've included a piece about curing hangovers. See, one of the first things freshmen discover about college is that there are frequent parties and a good mind-scrambling hangover is often the result of most of them.

But first, we'd like to tell the incoming students to avoid these parties for the first semester.

No, I'm not deliberately suggesting you have no social life

at all. I'm saying that the main reason freshmen drop out of college is that they discover these parties, party too frequently, and suddenly discover that the semester is over and none of your homework had ever been started.

So if you're gonna party, limit your parties to one every three weeks, with the exception of the weekend after midterms and the weekend after finals.

Now to the part about hangovers. The best way to avoid a hangover is not to drink, and many of you new students are underage anyway. Other pluses are that you don't stain your pants and you don't have to call Safe Rides ((800) GO-4-CSUS) and wind up chundering all over some poor volunteer's car.

If you already have one, then here's a few theoretical solutions, all of them depending on how you get the hangover in the first place. None of them are really guaranteed to work, but they're worth a shot.

Fill your stomach. Alcohol throws your kidneys into overdrive, sucking the fluids out of your body. Theory says you get sick when the lining of your stomach and intestines are

damaged from the lack of fluids. So, while you're drinking, fill up on lots of snacks — salty snacks will help — and dilute your drinks, because after you're drunk, you're beyond help.

Psychological cures. There's a theory that says you feel bad because you think you should feel bad. You may not think you feel bad, but deep down, in your subconscious, you do. (Talk to a psych major about this one.) Since this is a psychological reason, psychological cures (like raw eggs and vinegar) will work.

Don't overexert yourself. One theory is that the hangover is a reaction to drinking while smoking, dancing, laughing and shouting too much, plus staying up too late. It may explain how sometimes you can drink all night and feel great in the morning, while other times you're bowing before the porcelain god in a half hour. Avoid drinking when you're tired, or quit before the party gets wild.

Sober up before you sleep. You know how, some mornings, you wake up with a headache? It's from a lack of dreaming. Seriously. If people don't dream, they go ballistic. Alco-



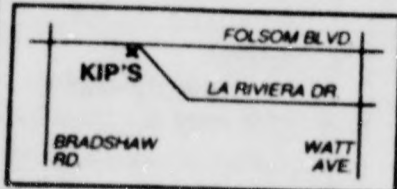
hol, like other drugs, messes up your dreams. The more you drink, the longer your dreams are suppressed, and if you're really wasted, you won't dream at all. So you'll just have to stay awake until you're completely sober.

Drink pure booze. Byproducts of fermentation — little floating, microscopic particles in the alcohol — make hangovers worse. The drink with the fewest byproducts is cheap, highly filtered vodka. Before that comes gin — distilled, not aged. Aged whiskey has an average amount; red wine and brandy have a lot.

Remember: If you have to puke, puke; your hangover will be worse if you don't. And, most important, if you don't go to sleep at all, you can't wake up with a hangover.



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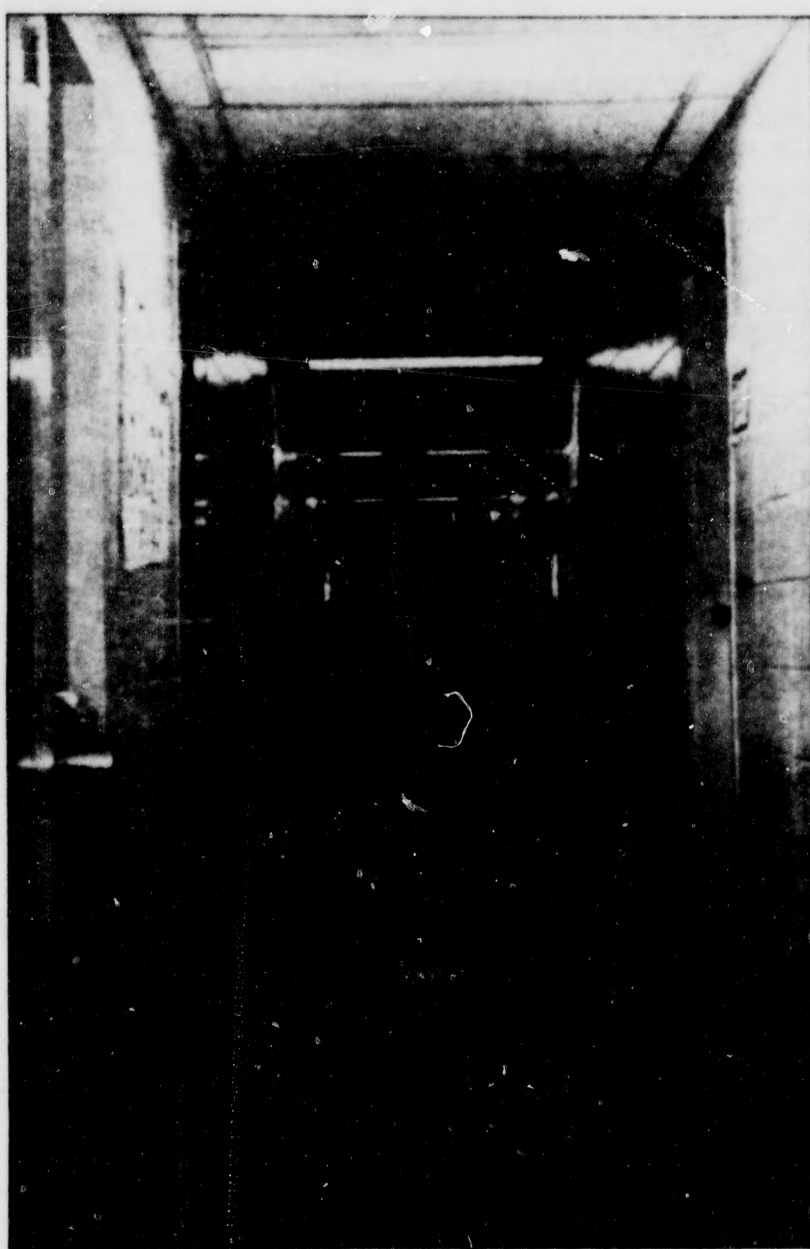


IMME SHELTER

"Any new living experience is invariably a cause for a little queasiness."

So said one of the original issues of *Survival*. Quite true. Determining where to live during the first semester of college can be a hellish ordeal. Hopefully, we can provide you with some info on some of the options in Sacramento, what you can expect, and other bits of info to put your mind at ease.

Maybe.



Dorms

Sorry, they aren't dorms. They're residence halls. That's the official term of the Office of Housing and Residential Life. The word "dorms" comes complete with all kinds of horror stories involving the 1,300 plus students who eat, sleep and pee together in a huge communal atmosphere. You may have already heard a few of them. If not, we have a few great ones for you.

By now, you're either knee-deep in dorm life — sorry, *Residence Hall* life — or you aren't. If you are, you may want to get out of it as quickly as possible. If you aren't, maybe you should consider it.

No, I didn't just snap a neuron. There are a few benefits to living in the dorms.

You have food and shelter

for a semester. You don't have to worry about being short for the rent check or groceries. It's already been paid up, possibly by scholarship.

You're close to your classes. If you wake up 5 minutes before class, you won't have to think about getting up, getting dressed, getting into the car, driving for 15 minutes, looking for a parking space for another 15 minutes, running through a crowded mile-long parking lot to a building across campus, and showing up just as it gets out. You're already there ... though you still need to get dressed.

No social isolation. When you're showering with 300 people at once, you're going to feel more like a part of this campus than you would if you drove to school, went to class, finished and drove home. You'd cer-

tainly get to know those 300 people in a rather intimate way.

Nutritional planning is not a problem. Dining Commons food, however you say it may taste, will at least keep you healthier than you'd be if you ate Top Ramen on Monday, macaroni and cheese on Tuesday, generic vegetable soup on Wednesday, potato flakes on Thursday, Burger King on Friday, and on weekends a steady diet of beer and Doritos.

Nightlife is not a problem. The Office of Residential Life occasionally plans a festive event for the dorm rats — sorry, *Residence Hall* residents — and, just about every weekend, someone's holding a party in their room, or someone knows of a party off campus, or someone's headed to a bar and can take someone with them. Here, at least, you can learn where the nightlife is in Sacramento ... what little we have, anyway.

So there you are. It is a unique experience, to say the least.

If you want to try it out, though, it's a little late. The residence halls house 1,300, prices are higher, and you have to apply six months in advance.

Essentially, dorms provide you with the necessities for survival: a bed, a bathroom, a dining hall and enough room for your stereo. You also have laundry facilities, study rooms and lounges, nicely overpriced vending machines, volleyball and basketball courts and a pool. Everything you'd find at an apartment ... just smaller, more expensive and closer to campus.

Roommates

Humans are social animals. Many are still of the opinion that humans were not meant to live together under the same roof. But if you want to keep your rent down, or you're stuck in the dorms, you've got to get a roommate.

There's little you can do to avoid having at least one, and besides, it's good for you. Puts hair on your chest. I should point out, though, that this hair on your chest is the result of hair falling out of your head and landing on your chest. This is what a roommate will do for you.

Living with a roommate can be a source of supreme pleasure or supreme frustration. Being so close together in close quarters will result in some bitter quarreling, to be sure. There's nothing like sharing a

DORM SURVIVAL

For the dorm rats, now that they're trapped in the residential equivalent of a shoe box, there's little that can be done. So here are some necessities. Pardon me while I sound like *Saturday Night Live*'s Cajun Man...

Transportation. You will need to get away from this campus, if only to be reminded that there's a world outside. Drive somewhere, if you have a car. Or take a bus downtown. Or burn a ride with a friend. Just get out a little and air out your brain.

Frequency Modulation. Concrete walls may be great for keeping students from punching a hole through to their neighbor's dorm, but they're also great for carrying sound, and often it's the sound of the one radio station in town that you despise. Stereo wars can be the result, and in a stereo war, speakers can never be too powerful.

Keep door open. Someone suggested that a way to meet people is to keep your door open so people could stick their heads in and say hi. Use caution; the person who steps through your door may have just eaten five frozen burritos, drank a six-pack, and may leave a bit of his atmosphere behind.

Alternative nutrition. The day will come when you will tire of Dining Commons food, so have cash handy so you can eat out. Even if it's just a short trip to the campus Burger King, it'll be necessary.

Digestion. Also have antacid handy for your digestive tract. And bring your own toilet paper. You'll get tired of those little squares of recycled newspaper that they stock the bathrooms with.

Cheap decoration. When people are shotgunning beer in your room, a perfectly good Batman poster on your wall can quickly become a sticky, smelly mess. Save your Batman posters for your next residence.

Circulation. Get a fan. You can forget about air conditioning. Besides, you remember all those prison films you've ever seen where it's summer and the inmates are all sweaty and sticky and on the verge of starting a riot? And did you know that the dorms were built by the same people who design and build prisons? Need I say more?

Stuff from the kitchen: There are kitchenettes on each floor, and you'll need a few things for the food items that you'll have in your room: a coffee pot, a bottle opener, and maybe a small fridge for drinks. After all, if you're thirsty after midnight, you don't want to blow 75 cents on a soda.

Extension. Cords, that is. Sometimes the layout of your furniture won't work with your outlets. Be careful not to overload the outlets, by the way.

Communication. So that you can keep up with your friends, you should have an answering machine and a message board handy.

Relaxation. And you're really going to need something to relax you. A lot of crap will occur in the residence halls, and if you aren't relaxed, patient and accepting, you're going to lose it. And if you lose it, people will tear you apart emotionally. You'll suddenly discover little nooses everywhere. People can be vicious. So relax; things can be worse.



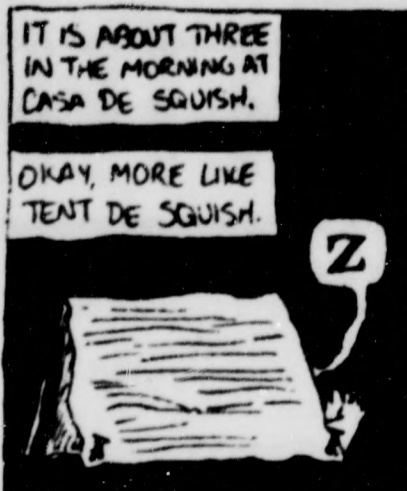
studio apartment to kill a relationship; two people, cramped up in the same room with no privacy and no time to oneself, will drive each other insane and possibly homicidal.

But things can be worked out if you are willing to compromise.

First of all: If you have a roommate, you must have a residence where each of you can be by yourself and still be under the same roof. Like a one-bedroom apartment where one

of you is in the kitchen and one of you is in the bedroom. Or a two-bedroom apartment. Anything to get you two apart for a little while. Otherwise, you may as well be married.

The residence halls provide counselors to help, well, counsel in matters where roommates are on the verge of killing one another. If counseling doesn't work, you can just change rooms; trade roommates with a neighbor or something.



Housing Office

As well as checking the classified ads or contacting your local real estate agent, you should also check out the Housing Office on campus that will provide you information on local places to live.

The Housing Office is located in Sierra Hall. It mainly provides information on apartment rentals in the Sacramento community, especially those rentals near campus. Students can also find information about rooms for rent in private homes or students who wish to share an apartment.

The Housing Office does not check out the properties or their owners out, though. You make your own arrangements. If you find a bad situation (like a discriminatory landlord, an apartment that violates health codes, or a missing roof) inform the Housing Office. They can do little about it besides removing the property from their listings, but at least you'll have spared some other student from the experience.

The Housing Office also has a list of apartments off campus that rent to students, but the cheapest prices on the list are, as follows: \$275 studio, \$315 one bedroom, \$410 two bedrooms, \$610 three bedrooms.

Suggestions for moving

Now here are a few suggestions for moving.

Save up for a move. It'll take

from \$700 to \$1000 to cover your first month's rent and utilities, the deposit, the telephone hookup, and groceries.

Get a job lined up before you move. After one month of fruitless searching for employment and your money running out, you'll wish you had.

Keep reasonably good credit. Every landlord checks your credit rating, so it isn't worth it to lose a good find simply because you bounced a rent check once and you still owe Columbia House for those Pia Zadora CDs.

Make nice when applying. Dress like the ultimate College Republican when you're looking at the place. Shatter their image of you after you've moved in.

Don't move around every semester. Most people move back in with their parents after every semester, which means they have to find a new apartment, make sure all their creditors have their new address, possibly find new roommates, and forfeit another deposit. It's easier just to keep your apartment over the break — unless you find a better one — and work in town. Some apartments have a setup where you can pay one low price over the summer if you won't be staying at your apartment. Check with the landlord.

Furnishings

For furnishing your apartment or dorm or whatever, we assume you're on a budget that doesn't include splurging for an interior decorator. Not all of us

can afford one, you know.

Based on the budget you probably do have, department stores are out. Furniture retailers are out. Rent-to-own places are out, unless you can afford the weekly rates... besides, in the end, you'll discover that you paid too much for chintz.

Thrift shops and pawn shops are good suppliers, but the people that donate to thrift shops don't quite understand that people are needy, not desperate. And many thrift shops don't understand that a TV with a cracked green tube, no knobs (but free pliers!) that only turns on when you kick it is not worth \$150.

Flea markets are OK; the goods are much the same as those in classified ads and thrift shops; all you have to do is glance at it, ask a few questions, and walk on.

Yard sales are a step away from flea markets, and sometimes they're a bit better, because the vendors at yard sales don't have any other vendors around to compare prices to.

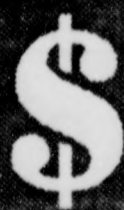
And, of course, be innovative. Sometimes you can find a cool couch on the side of the road. Sometimes you can make a bookshelf out of two-by-fours and bricks. Sometimes you can make a chair out of three sticks, a board, and some nails. Sometimes you can make an entire papier-mâché living room set and matching coffee table with old issues of the *State Hornet*.

Just use your imagination. Besides, interior decorating should be the least of your problems right now... unless it's your major.

graphic designers



Need a job? The State Hornet is hiring artists and designers for our 1992 staff. If you're interested in building up a portfolio and earning 3 units for it, please contact Kent Leslie at 916-278-6583.



JOBS & MONEY

Colleges have historically been expensive. Personally, I think it was to weed out all the poor people so that the so-called upper class could send their children "to university" and keep the status quo running.

Then came the state university idea, where anyone — provided they were intelligent enough — could attend college and better themselves. But governments are broke, high-level administrators are overpaid, bureaucracies create lesser bureaucracies and students wind up paying more and more of the final cost. Someone, somewhere, is starting to recreate the colleges that weeded out all the poor people.

So, in order to educate ourselves, we also have to enrich ourselves ... literally. For that, you'll need jobs.

Employment Office

I guess this all balances out, in a way: You pay a load of money for school — or your *parents* pay a load of money for school — and, because you're a student, you can go to the Career Development and Placement Center to get a job that will get your money back. Here's what they offer:

Career planning. Don't know what you'll be doing? The Center will help you decide your future career through its career library and computer-based career decision-making process.

Counseling sessions. The Center offers sessions either individually or in small groups to teach you decision-making skills and self-awareness. They also offer career awareness activities, class presentations and other programs to help you plan your future in your career field.

Work credit. The Cooperative Education program allows students to get college credit for career-related, paid professional employment. Counseling, referral and placement in the program are offered.

Internships and employment. Referrals for internships in local agencies are available; part-time jobs are also available through the Student Employment Program. Current job listings are posted outside the daily. Jobs range from professional to temporary.

Graduate placement. Over 300 local employers hold interviews on campus with graduating seniors through the center. Special workshops are available to prepare candidates for interviews and resumes. Alumni can use the services for an annual fee.

For more information, call the center at 278-6231 or stop by their office in the Student Service Building.

Savings

As a starving student, you really only have two options when it comes to saving money: Banks and credit unions. We all know how risky savings and loans can be.

Why a bank: Larger banks, like Bank of America and Wells Fargo have ATMs everywhere, including on campus. No matter where you go, there's your bank and merchants can cash your checks. It's convenient, especially when your parents live hundreds of miles away and you go back home frequently ... but you pay for the convenience.

Why a credit union: Unlike banks, credit unions are non-profit and don't try to get money out of its clients by charging them for every transaction. In fact, they're more like a co-op; you aren't a customer, you're a "member," and your savings are equivalent to a share in the company. Credit unions are selective when it comes to members, though. Golden 1 accepts students as members, and also has an ATM on campus.

Why credit cards: This question is moot if it's your parent's cards we're talking about. But if it's yours, credit is an important asset, but only if you buy things on credit. When you don't have any money, it comes in handy for emergencies, but when you don't have any money, it's never safe to use money you don't have. And many people will tell you that being out of debt is a wonderful feeling.

In the end, it's really up to you. Decide for yourself.

EMPLOYMENT IDEAS

On-campus. The Hornet Foundation and the university hire students. See "On-Campus Jobs."

Bulletin boards. Somewhere in your major department are bulletin boards with job offers all over the place. There are also some job offers on the kiosks located all over campus.

Fast food restaurants. Many will take anyone over 18 because they don't have to carry insurance for adults and they can make you clean up hurl in the bathroom and still pay minimum wage. The Burger King on campus would be an exception; see "On-Campus Jobs."

The California Job Journal. Many of its jobs are out of town, and a lot of them require a degree already, but every once in a while, an interesting local position will pop up.

Temp services. Just give them your name and some information. Your job may not be permanent, but at least you'll be earning money.

Employment agencies. A lot of employment agencies are actually temp services who just happen to get a lot of information about job openings. Try them out anyway.

California Conservation Corps. If you're between 18 and 23, there's nothing quite as satisfying as a being a state employee and earning a civil servant paycheck. Call (800) 952-JOBS.

Government employment agencies. Check under Community Services in your Yellow Pages.

Classified ads. In case you forgot.

Voting

Why is "Voting" under "Jobs and Money?" Good question.

Since you elected representatives (hereafter referred to as "lazy good-for-nothings," are responsible for making you pay outrageously high sales taxes, CSU registration fees and various other little things, it is the responsibility of the citizen to vote the lazy good-for-nothings out of office.

Californians passed Prop. 140 in 1990 to ensure that the lazy good-for-nothings got out, but the lazy good-for-nothings are still trying to tie it up in court so they can keep their precious perks. So it's time to get rid of them the old-fashioned way: vote them out.

It doesn't matter what party you and they are; a politician is a politician and if they're screwing up, like they're doing when they say they can't pass a budget, you have to remove

them and put in somebody who will represent you. That's why it's important to vote.

Well, so much for my tirade. Now some information about voting.

If you've changed residences, or you've never got around to it, register to vote. It takes five minutes. You can pick up registration forms at the library or your neighborhood deputy registrar of voters (a.k.a. the Young Democrats booth where they've got the signs



saying "REGISTER TO VOTE" and sign up.

Give them a few miscellaneous facts that the FBI already knows about you, and then, come election day, the government will try to see if you can punch little holes in a card. Make sure you punch the right holes, never follow your party blindly, and vote.

On-campus jobs

We should plug two groups which, earlier, we said offer some employment. We should first plug the CSUS Employment Office and the Hornet Foundation, as a lot of vacancies open up at the beginning of the semester. The Employment Office Job Line is 278-6704; the Hornet Foundation's Job Line can be reached at 278-5444.

The first group was Intramurals, who will need referees. Stop by the Campus Recreation Office or call 278-6321.

The other was Burger King. They pay \$5 per hour (which is a lot better than the minimum wage you'd expect from just about every other Burger King in the world) so it might not be a bad option.

Of course, now that everyone's read this, both these groups may be deluged with applicants, but give it a try anyway.



MASS MEDIA

Media is somewhat important — heck, many Americans spend more time in front of the television than they do sleeping. Heck, they spend more time in front of the television than in front of *anything*. This is just another example of how society is being destroyed by trivial matters. Families don't talk, work gets put off, no wonder the Japanese are ahead — oh heck, I just realized we *are* the media. Sorry. Ignore that.

Mass media

If you aren't from Sacramento, you won't recognize any of the radio stations, or know what channel MTV is on, or what's the difference between the *Sacramento Bee* and the *Suttertown News*. (Yes, there is a difference.) Don't panic: memorize this and you'll be fine.

The tube: Chances are you either can't afford or don't have time for cable, so here's the list of local stations: NBC is on channel 3, CBS is on 10, ABC is on 13, Fox is on 40, PBS is on 6, and channels 31 and 58 are the independent stations, which means they broadcast a lot of

crappy syndicated shows and infomercials and movies that nobody watched, even on video. Channel 29 is the Home Shopping Network, channels 19 and 46 are the Spanish channels, and channel 42 is a Christian station.

The fish wrappers: Get the *State Hornet* every Tuesday and Friday. Read "Mr. Squish." It's vital to your well-being, and great for your colon. Really.

For daily papers, there's the *Bee* and the *Union*. Try them both for a week and decide which one is for you. For weekly entertainment papers, you have the *News & Review* (which pads its entertainment info with

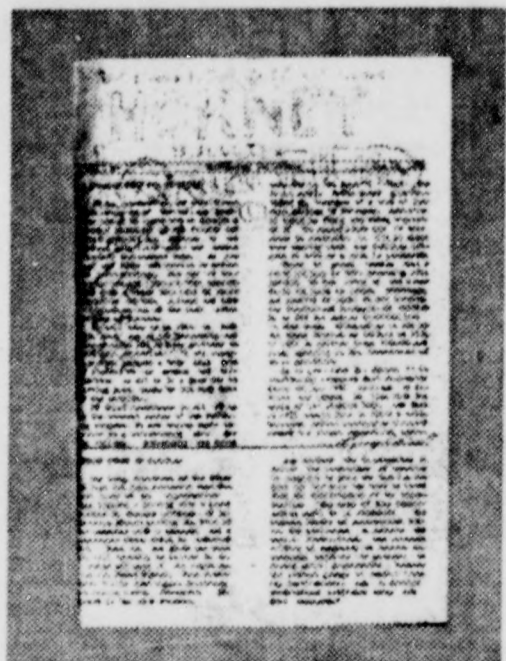
leftist babblings), *Sac This Week* (which has Joe Bob Briggs and Zippy the Pinhead), and the *Suttertown News* (which has become the local Green Party paper).

The airwaves: We can really only plug our local Sac State stations, which are KXPR (National Public Radio and classical, 91 FM), KXJZ (NPR and jazz, 88.9 FM) and KEDG (student-run radio). Sometimes you can pick up KDVS, Davis' station, at 90.3 FM.

For a station you can call your own, that's up to you. We can't recommend one because we like diverse, loud, multi-faceted *crap*. Flip around the dial or something.

State Hornet history

The State Hornet is CSUS'



THE FIRST "HORNET BULLETIN"
(A GOOD COPY)

official student newspaper, official mainly because it has a contract with the university to provide a newspaper. Other campus publications, put out by campus organizations, departments, and diverse coalitions of students, don't count.

The first issue was published January 14, 1949 and consisted of two mimeographed sheets of typing paper and suggestions on promoting spirit at Sacramento State College, a school without a campus. Now, 43 years later, the *State Hornet* has grown to about 30 or so pages, is published twice a week, and has a staff about 10 times larger than the original eight people.

The *State Hornet* is, when you boil it down, a journalism laboratory for those students who want practical experience in publishing a newspaper. The editors, staff writers, ad reps and artists on staff learn as they go, and produce a paper that may have a few more mistakes than the *Sacramento Bee* who hopefully knows what it's doing.

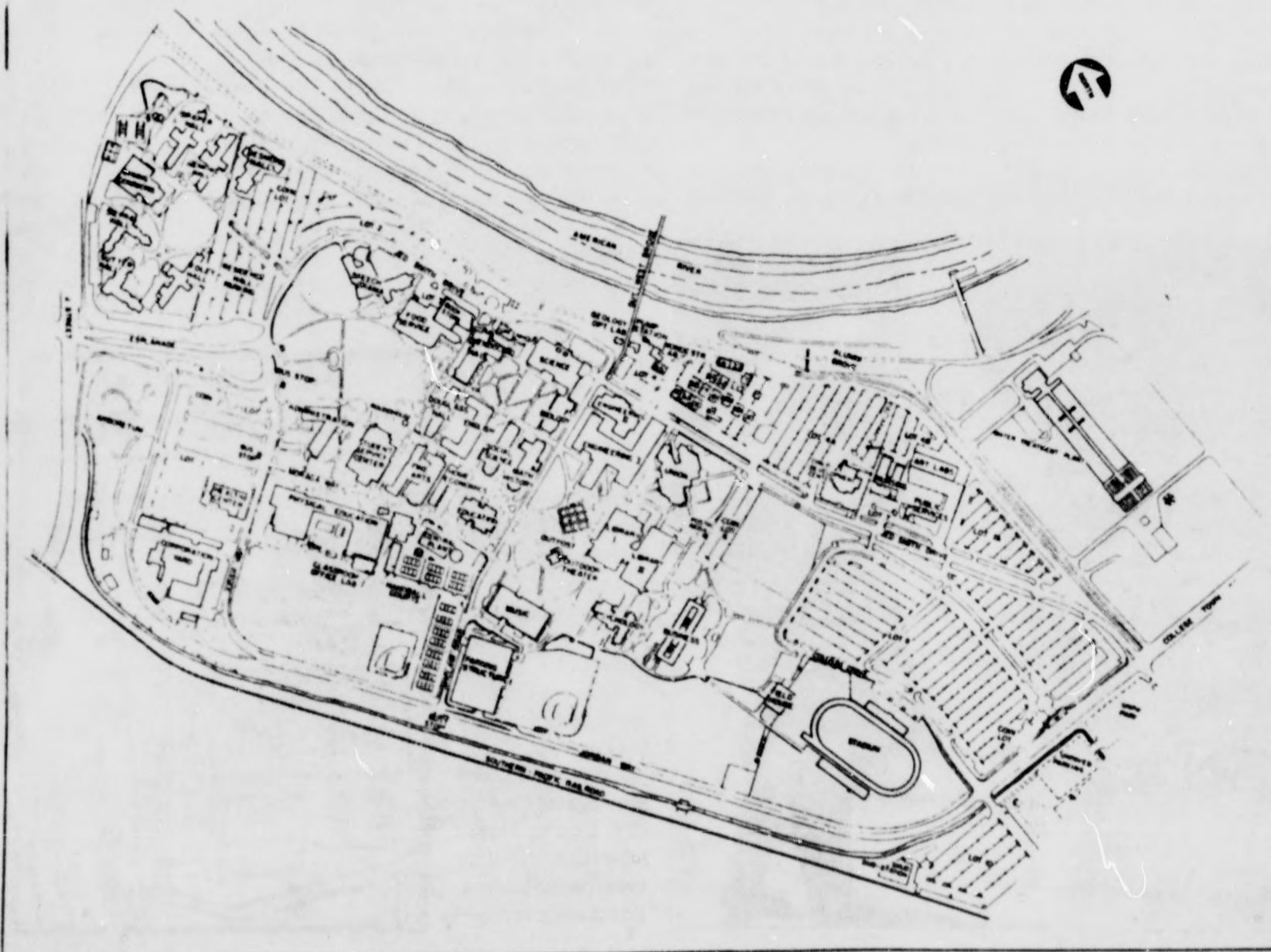
We, of course, cover news, politics, arts, features, sports, and we have our opinion section for those of you who have opinions. Plus, every month, we publish the *University Review*, a literary magazine that accepts fiction, poetry, photography and art, and plans are under way to publish *Current Wisdom*, a magazine of political and social commentary.

Now, you may want to know how you can get something published in the paper. Well, it depends. Anything you write can go into the *University Review*, but if you want to put it in the *State Hornet*, specifically the next issue, we only accept letters to the editor and advertisements.

If, however, you only have

Campus Map

CALIFORNIA STATE UNIVERSITY, SACRAMENTO



an announcement or event, tell us what it is, when, where, who's sponsoring it and how much it will cost.

To visit us, stop by temporary building KK—the big green and white trailer just across the street from the University Union. Yes, it's a pretty crappy trailer, but we'll be moving to temporary building GG next semester.

One other thing: You're gonna hear a lot of rumors that the State Hornet is nothing but a flunky for the administration. That's to be expected; we are, after all, the official student paper. But (honest!) the editor in chief really is in charge of what goes in the paper. So let's hear no more of that whining and moaning that the State Hornet is a tool of the President. If we were, we wouldn't be publishing those pictures of him in his skivvies later this semester.

If you want to call the State Hornet, call 278-6583. For advertising, call 278-5587.

The Edge

KEDG, 530 AM, is CSUS' student-run radio station. Unfortunately, the station is only broadcast over the electrical wires in the Residence Halls. The fledgling station has plans to share a signal with the radio station at Sacramento High, but the plans have not yet been completed.

Meanwhile, The Edge continues to offer students the opportunity to get "air"-time and learn the radio business.

For info, call them at 278-EDGE.

Common Sense

Common Sense the campus' left-leaning opinion journal, is published by "a diverse coalition of students at CSUS" who operate out of the Multi-Cultural Center. The publication is not really a newspaper since it mostly focuses on advocating a point of view rather than reporting on events.

Magazines

I should mention this, 'cause it's kinda cool. When you buy anything at the Bookstore, they stick this flyer into your bag that tells you about magazines sold at student rates, which are pretty darn cheap.

When you send or phone in the application, don't check the "Student" box on the form. After you graduate—and these organizations want to know the date—you don't get the cheap prices any more. You have to pay regular price, just like all the other peons in the rat-race.

Check the "Educator" or "Instructor" box. They never check on this anyway. Then they can send you cheap magazine subscriptions until hell freezes over.



KEEP ON TRUCKIN'

Getting to and from campus is as important as taking classes; if you can't get to and from campus, there's little point in taking classes in the first place.

Some insanity is involved in getting to campus. Parking is almost impossible. Public transportation is sticky—literally and figuratively, depending on where you sit in the bus. Bicycling takes effort.

Survival understands your plight. A fat lot of good it'll do you for us to understand, but we figured you should know that we do. So without further ado (or adon't) we shall now endeavor to tell you about transportation and the hell thereof.

Parking

It's the first thing you notice when you enter campus, and at the beginning of every single semester, some bright-eyed, bushy-tailed writer on the *State Hornet* decides to write a story about it: *Parking*. But there isn't anything else to say besides "It's bad."

It's bad: CSUS sells over 12,000 decals per semester. Compare this to 5,800 parking spaces. Get the picture?

But it'll get a little bit better: budget cuts are eliminating staff faculty and students, and there are a few more spaces. University Transportation and Parking Services Director Darcy

Coles says there will be about 1,000 new places for students to park.

The new parking structure will open this semester, which should result in air pollution and traffic congestion as drivers drive around and around in it, futilely searching for spaces.

Students may still resort to creatively parking their vehicles. Some park in illegal zones, the dorm areas and behind the Health Center. Some triple up in a row. Some hide in the bushes. If you find them, report them. There's nothing as satisfying as watching a cop strap a Denver Boot to a Miata.

Many students are angry about the parking glut, though

they really shouldn't be, since they aren't really doing anything about it. They blame the administration, who has enough problems. The problems are pretty much blown out of proportion by students who park illegally and get ticketed.

Autos are \$63 per semester (up \$9 from last semester because the law requires the university to charge more because of the new parking structure), and motorcycles are \$15.75 (up \$2.75). Motorcyclists get the best bargain: low fees and primo parking spaces. Bicyclists get an even better bargain: no fees and even better parking spaces. But \$63 is too much for some students; a few resort to counterfeiting or sharking stickers.

Hornet Express

Since RT doesn't necessarily go everywhere, University Transportation and Parking Services has provided three free shuttles, called "Hornet Express," that go to a few off-campus locations; specifically, near apartment complexes that students tend to live in. Plus, they have two shuttles that go around the campus clockwise and counter-clockwise every

15 minutes. So if you're parked out in the middle of nowhere, grab a bus.

Shuttle schedules are available at the Bookstore and the newsstand in the Union, and they give you exact times for all the stops. We've included a condensed version, plus maps.

For shuttle information, call 278-5483.

Regional Transit

Stop your whining and complaining that riding the bus is a chore, that you've got to wait too long for it and that it costs too much. If you have a current sticker on your student ID, you get to ride Regional Transit for free.

That's right, free. For an extra fee of \$5 per semester, and thanks to a measure passed by students during the 1991 Spring election, all buses and light rail are free to CSUS students. So buy a schedule (they cost \$1 and you can find them in the Bookstore or the newsstand in the Union) and familiarize yourself with RT.

The buses are usually on time, but it's safe to be at the bus stop about five minutes early, just in case.

There are six buses that stop

Hornet Express Shuttle

ROUTE 1: CAMPUS LOOP — CLOCKWISE

Administration	:06	:21	:36	:51
Bookstore	:07	:22	:37	:52
Engineering Bldg.	:08	:23	:38	:53
Child Care Center	:09	:24	:39	:54
Overflow Parking Lot	:11	:26	:41	:56
Information Booth	:12	:27	:42	:57
Parking Lot 10	:13	:28	:43	:58
Parking Lot 9	:16	:31	:46	:61
Facilities Management	:19	:34	:49	:64
Administration	:20	:35	:50	:65

COUNTER-CLOCKWISE

Administration	:06	:21	:36	:51
Facilities Management	:07	:22	:37	:52
Parking Lot 9	:10	:25	:40	:55
Parking Lot 10	:12	:27	:42	:57
Overflow Parking Lot	:14	:29	:44	:59
Child Care Center	:16	:31	:46	:61
University Union	:17	:32	:47	:62
Engineering Bldg.	:18	:33	:48	:63
Bookstore	:19	:34	:49	:64
Administration	:20	:35	:50	:65

ROUTE 2: LA RIVIERA

Administration	:21	:51
College Town / Hornet	:28	:58
La Riviera / Rivercrest	:29	:59
La Riviera / Occidental	:31	:61
La Riviera / Watt	:35	:65
Folsom / Julliard	:41	:11
Folsom / Bicentennial	:43	:13
College Town / Hornet	:46	:16
Facilities Management	:48	:18
Administration	:50	:20

ROUTE 4: COTTAGE / FULTON

Administration	:21	:51
Howe / Fair Oaks	:24	:54
Bell / Villanova	:27	:57
Bell / Ramon	:28	:58
Bell / Hood	:29	:59
Bell / Arden	:30	:60
Bell / Alta Arden	:32	:62
Bell / Cottage	:33	:63
Cottage / Wright	:34	:64
Fulton / Cottage	:35	:65
Fulton / Wittrop	:39	:69
Fulton / Hurley	:41	:11
Fulton / Northrop	:43	:13
Fulton / Fair Oaks	:45	:15
Fair Oaks / Cadillac	:48	:18
Administration	:50	:20

ROUTE 5: ARDEN / CAL EXPO

Administration	:21	:51
Heritage / Expo	:30	:00
Heritage / Response	:32	:02
Heritage / Arden	:34	:04
Bell / Hurley	:40	:10
Bell / Clinton	:41	:11
Bell / Northrop	:43	:13
Howe / Spanes	:45	:15
Fair Oaks / Cadillac	:48	:18
Administration	:50	:20

Hours: 6:20 a.m. to 6:30 p.m.

Hours: 6:20 a.m. to 6:30 p.m.

CREATIVE PARKING

Unlike other, lesser publications, *Survival* won't just complain about parking. We're gonna do something about it. We're gonna offer suggestions and bits of information to let you know that we care. Sort of.

Arrive early. Very early. If you reach the school at about 6:30 a.m., the parking lot will be—believe it or not—empty. You can park anywhere, lower your seat, and take a 90 minute nap before your first class. Or you could go to the University Union or something.

Give up. In the time it takes you to drive all the way through the parking lot, drive slowly behind people who are only returning to their car to get more books, queue up behind somebody who's waiting for somebody else to pull out of a spot, drive past a line twice just to make sure ... you could have taken the Hornet Express shuttle to class. Instead, you wound up burning enough gasoline to power a small third-world country.

Carpool. Some of you environmentally conscious people might like this one. There are 100 spaces reserved for carpoolers. Get at least one friend to share your commute, fill out an application, and you get a sticker that allows you to use those spots.

Take the bus. Last year, student fees were hiked up by \$5. The result of the hike is that you now have unlimited access to Sacramento Regional Transit buses and light rail. This has got to be the bargain of a lifetime. If you live in Sacramento, skip the parking fees. Hell, you can cancel your auto insurance. Free buses!

Ride a bike. If you live near campus, you can both conserve energy and burn off last night's Doritos.

Buy a bike rack. Attach the bike rack to your car, park off J Street or down College Town Drive, detach your bike and pedal to school.

Live on campus. If you live in the dorms, you get to park there. You still have to pay \$63, but your parking spaces are virtually reserved for you.

Work for the school. If you're elected to a position on the ASI, or if you've been hired as a teacher, you can park in the green lots. Neat, huh?

Use the Hornet Express. Park far away from campus, close to one of the pick-up spots for the Hornet Express. Take the Express to the campus.

Park by Bleachers. Bleachers, the sports bar located in University Center across the Guy West Bridge, has plenty of parking. They could also tow your car away, so be careful. Walk across the bridge.

Camouflage. Paint your car in construction-worker orange or basic off-white. Stencil "Facilities Management" on the door; affix with proper CSU Sacramento seal. Park anywhere. You could even park just outside your classroom.

Permanently injure yourself. You can park in the handicapped spaces for the rest of your life.

Financial aid. See if you can get enough student loans and scholarships to pay off your parking tickets. Just make sure they're the kind of financial aid that goes directly to you, and not to the school.

Cost comparisons. Someone pointed out that the price per day of parking downtown averages out to about \$15. Compare that to the \$1.50 you have to pay to use the coin lot. It could be worse.

Coin lots. There are two coin lots: the 30 minute lot, which costs 50 cents, but is not really checked that often—go overtime at your own risk—and the \$1.50 lot, which is good for all day. Going on a

outside the Administration Building:

Buses 30, 31 and 32. These buses go downtown and back about every 15 minutes. Bus 31 also stops at River Park; Bus 32 also stops at Glenbrook and the Watt/Manlove Metro Station.

Bus 34. This bus goes to McKinley Blvd., downtown, Capitol Ave., Folsom Blvd. and the University/65th St. Metro Station.

Bus 81. This bus goes from Florin Road and Riverside Blvd. past Florin Mall, the University/65th St. Metro Station, CSUS, Country Club Plaza, American River Hospital, and finally to American River College.

Bus 87. This bus goes from Sacramento City College past Stockton Blvd., the UCD Medical Center, the University/65th St. Metro Station, CSUS, Howe Ave., the Marconi/Arcade Metro Station, down I-80 to Del Paso Heights, through South Natomas and finally to downtown.

Ridesharing

Ridesharing deserves some mention; if you carpool, you get some reasonably cool parking spaces, you cut down on the parking glut, you save some money by burning less gas and putting less wear and tear on your car (or you make some money by getting gas money out of those people who are riding with you), and you get to say that you are doing your part to preserve the environment.

Sacramento Rideshare is one rideshare service you might try. When you call them, they ask you for some info, like where you live and where you're headed; then they either mail or give you over the phone a list of commuters who are headed the same direction. Calling them up to arrange a ride is left in your hands.

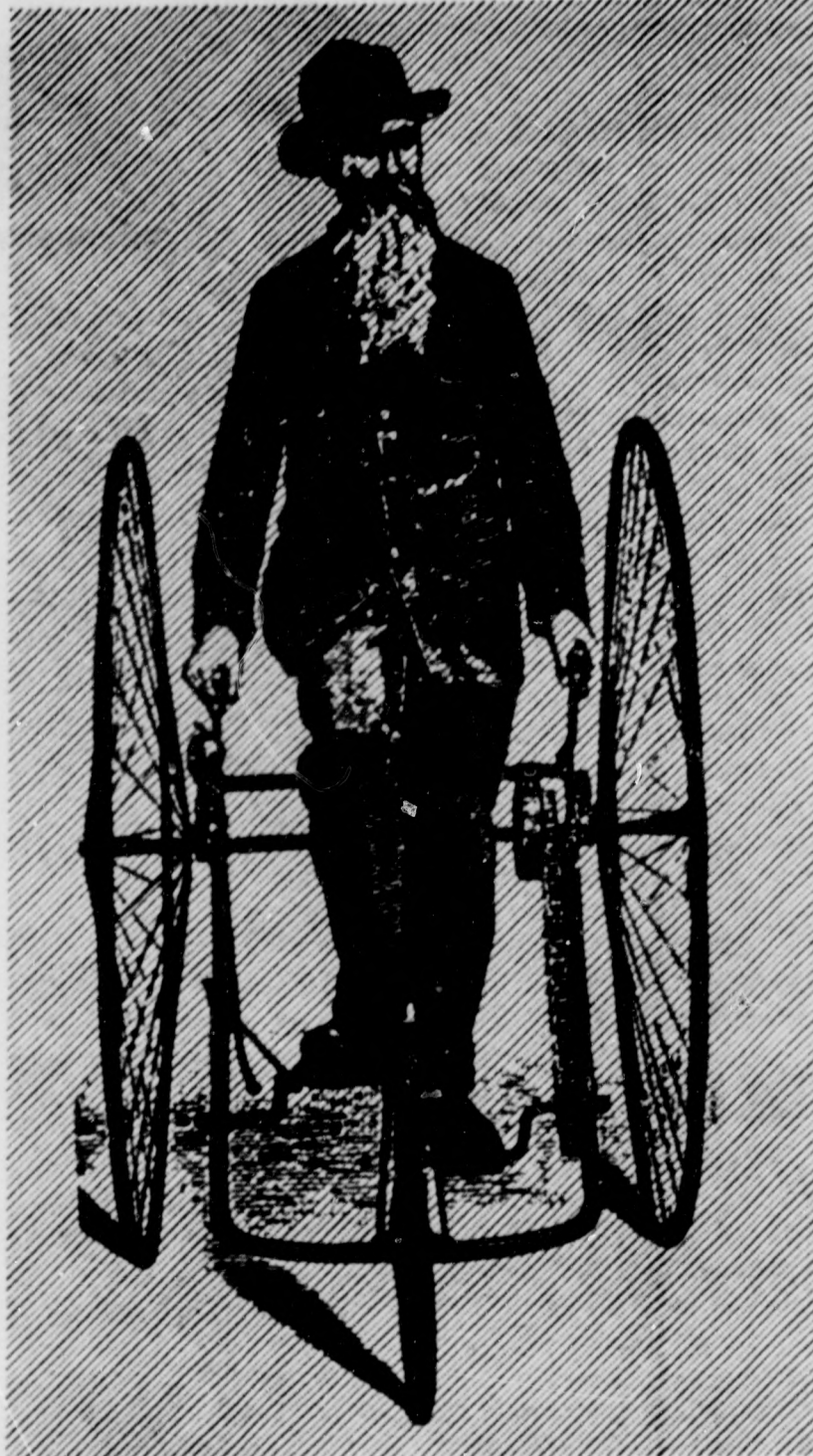
Call Sacramento Rideshare at 445-7665.

15-week semester—holidays excluded—it would cost you \$45 if you only had Tuesday and Thursday classes (\$15 in the 30 minute lot); \$67.50 if you only had Monday-Wednesday-Friday classes (\$22.50 in the 30 minute lot); and \$112.50 if you had classes every day (\$37.50 in the 30 minute lot).

Free spots. Right in front of the Administration Building, there are four free 5 minute parking spots. Anyone can park there for 5 minutes ... longer if they don't check up on you.

Become President of the University. President Donald R. Gerth is the only one on campus with a parking space with his name on it. So if, somehow, you can get his job ...

Tow truck. Get a tow truck, find the best space in the parking lot, attach your large metal hook to the back bumper, and remove the car that was already there. Then park. It doesn't matter what you do with the car. (May be expensive.)



Safe Rides

Almost every party you attend is going to involve some drinking, and when the party breaks up, there are going to be those people who are too drunk to drive. And Regional Transit doesn't keep light rail running after the bars close, so that's out.

ASI established a Safe Rides program back in 1989 to ensure the safety of students. If you hadn't planned your transportation in advance, call Safe Rides and a designated driver will be available to drive you

home.

Safe Rides operates from 10 p.m. to 3 a.m. Thursday through Saturday. They operate within a 6 mile radius of Sac State; the call and the ride are both free, and the drivers claim to get you home about 30 minutes after you call them. (Time them on this, if you're sober enough to operate a stopwatch.)

Seriously, now. If you're anywhere over the .08 blood alcohol level limit—and it's in your best interests to be extremely cautious—driving could result in your bloody, gruesome death. Better to be safe than sorry. Either get a ride with someone who's sober or call Safe Rides.

For volunteering and program information, call 927-CSUS. Safe Rides' hotline is (800) GO-4-CSUS.

Bicycles

The bicycle is currently the most economic vehicle around, with the exception of the free buses. At least you don't always have to wait for a bicycle.

If you live on campus (or really close to it), you'd save a bundle on parking fees. And if you drive anyway, your bike would relieve some of the pressure of hiking to class or waiting for the Hornet Express.

True, Sac State isn't as much of a bike campus as UC Davis, and there are some places

where you can't pedal. But a bike can really come in handy.

Where can you get one? Well, if you still have that 3 speed from your youth, you can fix it up, adjust the seat, patch up the inner tubes and it would be more than adequate. Or you could buy one. Here are a few places to look for bikes:

1. Bulletin boards and kiosks.
2. *State Home* classified ads, or classified ads in some other, lesser newspapers.
3. Bicycle shops. (Duh.)
4. Thrift shops. They frequently get bicycles, and many of them are still in very good condition... unlike their former owners, who threw them out because they "never had time to use them."

The best bike for your needs is up to you. You'd only need a one-speed to get around campus anyway. To use the American River Bike Trail (which is often very scenic around early fall, what with its acres of dying weeds, falling trees and the occasional floating corpse) you'd need something with a few more speeds. The speed limit is 15 mph, by the way — no whizzing down hills now, y'hear?

Bicycles on campus

Biking on campus isn't quite as simple as all that. You can't just weave through the crowds of undergrads, throw your bike down on the pavement in front of the classroom building, and expect to find it there in an hour so you can pedal your heiney to your next class. We've got rules here, bub.

First, you can't ride on sidewalks or pathways. You're stuck to those few roads you find on campus. Yes, there are a few of them, and sometimes you can tell a road from a pathway by whether it's covered with asphalt or whether there are any sidewalks nearby. In general, if there's one of those mean-looking pictographs of a bike with a red circle and line through it, it



means you can't ride your bike there. It's supposedly against the Motor Vehicle Code to ride bikes or drive cars down pathways. (Tell that to Facilities Management.)

Second, you can't bring your bike into any building. That's simple enough.

Third, you can only park in bike racks or in bike compounds. See, there are a few blind or visually impaired students on campus (that's why they have all those raised yellow lines all over the place) and occasionally, blind students could maim themselves by accidentally walking into a bike that someone inconveniently chained to a tree.

If the campus police find your bike parked illegally, they'll cut your lock (even if you've got one of those really good U-lock thing-a-ma-jigs) and impound your bike, and you'll have to pay \$5 to get it back.

There are two bike compounds on campus: one right next to the CSUS side of the Guy West Bridge, and one behind the Psychology Building, next to the baseball diamond. The compound next to the bridge has an attendant on duty from 7:30 a.m. to 11:30 p.m. on school days (though the attendants are, more often than not, more intent on their homework than on someone walk-

ing into the compound with a chain-cutter) and the other compound has a bunch of U-racks.

Also, around the campus, there are a bunch of regular racks, U-racks and bike lockers. You can get a locker for \$10 a semester from Peak Adventures, which is located across from the Coffee House in the Union. Chances are, though, that the lockers have either been taken or broken.

There's also a campus speed limit of 25 mph. Stick to it.

Bike safety

Since there's no such thing as a driver's license for bicycles, any fool can hop on a bike and pedal, provided they have feet and a reasonable sense of balance.

But it's a good idea to be safe on your bike, just in case you want to live to see graduation (not necessarily yours, but someone's).

So, here are some simple rules of thumb.

1. Wear a helmet. Not necessarily a motocross helmet for bike racers, but one of those cheap plastic things that yuppie messengers made popular in the mid-'80s. They're available for, at the very least, \$5, and give you reasonable protection. But buy a \$5 helmet only if you

have a \$5 head.

2. Have lights if you plan to ride your bike at night. Or at least reflectors. And wear bright clothing.

3. Be courteous to other bicyclists (don't give them the finger when they pass you) and try to hit as few pedestrians as possible.

4. Regularly check the tires and keep your bike oiled up.

Bike thefts

No one likes bicycling as much as bike thieves. Millions of dollars worth of bikes are stolen each year and the recovery rate is pitiful... and anyway, half the stolen bikes recovered are never claimed anyway and are simply auctioned off by police. (Another good source for a bike.)

With bikes as expensive as they are these days — mountain bikes and recumbent bikes reaching the \$2,000 mark far too frequently — a professional bike thief will be more than ready for your \$50 U-lock bike chain, and an amateur can get through your Toys-R-Us combination lock chain with a pair of pruning shears.

You might consider this bit of simple advice, which works very well at deterring bike thieves.

Buy an old, ugly, ratty bike,

or if you're stuck with a new bike, buy a can of spray paint and spray hideous, uneven patches of hideous colors over the frame, the seat, even the tires.

Cover it with grease and oil. Buy a really tacky Naugahyde or lambskin-covered seat. Put beads or spoke covers on the spokes. Put streamers on the ends of the handlebars. Put a playing card in the spokes (or, for a louder effect, your campus ID card). And, as the crowning touch, get one of those truly tacky Honeycomb Cereal license plates and stick it on your bike.

Go to a hardware store and buy four feet of regular chain and a combination lock. Don't even bother to cover the chain; if it scuffs up your paint job, that's a plus. That's about all the security you'd need for your ratty-looking bike.

Yes, I know. It's not flashy. It's not that babe magnet that you always hoped your bike would be. (And if you hoped your bike would be a babe magnet, you really need a life.) But it's still the same old bike; it still has the same old gears, still runs smooth and is in racing condition. It just looks like crap, and bike thieves go for the shiny new bikes, just like car thieves go for the shiny new cars.



AFTER YOU LEAVE

We suppose many of you are interested in graduating as soon as possible; if not, you have some form of brain damage and it was the university that gave it to you.

Alumni

If you just can't get over your experiences here at CSUS

(many can't without extensive therapy) the Alumni Association is open to all who have completed at least one semester here. You don't even need a

degree; you just need to have taken classes here once.

Annual dues are \$35, life memberships are \$350, and a joint spouse program allows married couples — only one needs to have attended CSUS — to join for \$45 annually or \$400 lifetime.

Now, why pay all this money? Well, you get the use of the Library and some cam-

pus facilities, like the Aquatic Center and Alumni Grove; special rates at athletic and cultural events; discounts on local amusement parks, hotels and car rental services; discounts for Regional and Continuing Education; membership in local credit unions and a line of credit up to \$35,000; medical and dental insurance packages; a quarterly newsletter; and

tours.

Plus, the Alumni Association has activities, including a student scholarship program, the President's Concert, Homecoming, special projects, and Senior Achievement Awards. Alumni Association chapters are also developed in specific academic areas.

For membership information, call 278-6295.

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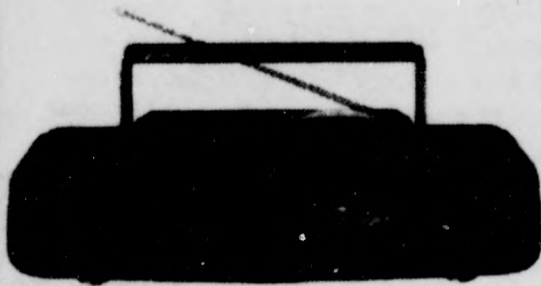
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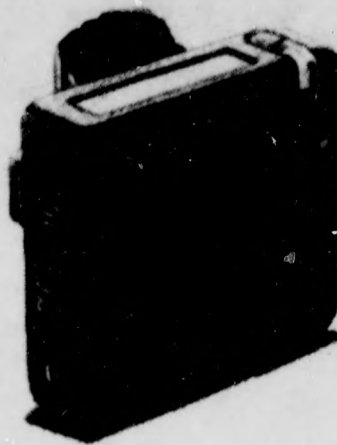
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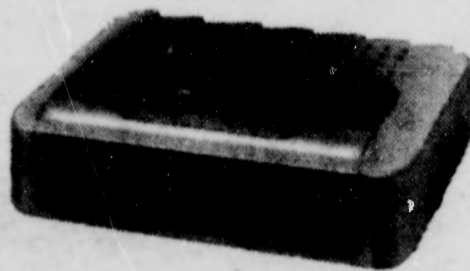
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